

**California State University, Fullerton
School of Nursing**

CURRICULUM VITA

Name: Rebecca Cross

Rank: Assistant Professor

Date of Appointment: August 2009

Educational Preparation:

Date	Degree	Institution	Major	Areas of concentration/specialization
2007	PhD	UCLA	Nursing	Biological mechanisms of depression
2002	MSN	UCLA	Nursing	FNP, neuropsychiatric subspeciality
1997	BSN	University of Pennsylvania	Nursing	N/A

Professional Licenses/Certificates:

Date	Title	Source
2003 - present	Certified FNP	AACN
1999 - present	RN	CA
2002 - present	NP	CA
2002 - present	NP Furnishing number	CA
2006 - present	DEA number	DEA

Employment History

Academic:

Date	Position	Institution
August 2009-present	Assistant Professor	CSU Fullerton
June 2008-May 2009	Clinical Faculty	CSU Long Beach
January 2008-June 2009	Lecturer	UCLA

Clinical/Professional:

Date	Position	Institution
2008 - 2009	FNP	UCLA Health Center at the Union Rescue Mission
2003 - 2008	FNP	Northeast Valley Health Corp
2002 - 2003	FNP	Antelope Valley Family Health
1999 - 2002	RN	UCLA Medical Center
1997 - 1999	RN	Hospital of the University of Pennsylvania

**Academic Instruction
Courses Taught**

Session/Semester	Course Number / Title	Weighted Teaching Units
Fall '10	321/ Health Assessment	3
Fall '10	321 L/ Health Assessment Lab (2 sections)	4
Fall '10	597a/ Master's Project	2
Summer '10	450/ 450 L Research Methods + Lab	3
Spring '10	542/ Advanced Health Assessment	2
Spring '10	542 L/ Advanced Health Assessment Lab (2 sections)	4
Spring '10	508/L Vulnerable Populations + Lab	4
Fall '09	321/ Health Assessment	3
Fall '09	321 L/ Health Assessment Lab	2
Fall '09	508/ Vulnerable Populations	3
Summer '09	450/L Research Methods + Lab	3

Thesis/Project Chair: N/A

Number of years teaching experience:

Undergraduate	Graduate
< 1	2.5

Scholarly/Creative Activities

Publications (separate peer-reviewed from non-peer-reviewed): All listed publications are peer-reviewed.

Books/Chapters

Doering, L. & Cross, R. Impact of depression on cardiac disease. In: Moser, DK, Riegel, B editors. *Cardiovascular Nursing: A Companion To Braunwald's Heart Disease*. Elsevier, Inc. (2007)

Journals

Macey PM, Woo MA, Kumar R, **Cross RL**, Harper RM. (2010). Relationship between obstructive sleep apnea severity and sleep, depression and anxiety symptoms in newly-diagnosed patients. PLoS One, 16, 10211.

Kumar, R., Macey, P., **Cross, R.**, Woo, M., Yan-Go, F., & Harper, R. (2009). Neural alterations associated with anxiety symptoms in obstructive sleep apnea syndrome. *Depression and Anxiety*. 26, 480-491.

Cross, R., Kumar, R., Macey, P., Doering, L., Yan-Go, F., Alger, J., & Harper, R. Neural alterations and depressive symptoms in obstructive sleep apnea patients. *Sleep*. (2008).

Aitken, L., Pelter, M., Carlson, B., Marshall, A., **Cross, R.**, McKinley, S., Dracup, K. Effective strategies for implementing a multicenter international clinical trial. *Journal of Nursing Scholarship*. (2008).

Dracup, K., McKinley, S., Doering, L., Riegel, B., Meischke, H., Moser, D., Pelter, M., Carlson, B., Aitken, L., Marshall, A., **Cross, R.**, & Paul, S. Acute coronary syndrome: What do patients know? *Archives of Internal Medicine*. (2008).

Doering, L., **Cross, R.**, Magsarilli, M., Howitt, L., & Cowan, M. The Utility of Observer-Rater and Self-Report Instruments for the Detection of Major Depression in Women after Cardiac Surgery: A Pilot Study. *American Journal of Critical Care*. (2007).

Doering, L., **Cross, R.**, Martinez, O., Vredevoe, D., & Cowan, M. Infection, depression, and immunity in women after coronary artery bypass: A pilot study of cognitive behavioral therapy. *Alternative Therapies in Health & Medicine*. (2007).

Research & Grants

2009 – UCLA School of Nursing Intramural Research Grant (\$25,000)

Treatment of depression in sheltered homeless adults: A community based approach

2006 - *Sigma Theta Tau* (Gamma Tau Chapter) Research Award (\$5,000)

2006 - *American Association of Critical-Care Nurses/Sigma Theta Tau* Critical Care Grant (\$10,000)

Presentations:

Cross, R., Evangelista, L., Bower, J., Irwin, M., & Doering, L. (2008). *Depression and heart failure: A recipe for inflammation?* Presented at American Heart Association Scientific Sessions, New Orleans, LA.

Cross, R., Kumar, R., Macey, P., Woo, M., Serber, S., Valladares, E., Harper, R., & Harper, R. (2007). *Neural alterations accompany depression in patients with obstructive sleep apnea*. Presented at World Congress of Sleep, Cairns, Australia.

Cross, R., Macey, P., Woo, M., & Harper, R. (2007). *Neural alterations in depressed and non-depressed obstructive sleep apnea patients*. Presented at Western Institute of Nursing, Portland, Oregon.

Doering, L., Cross, R., Magsarilli, M., & Cowan, M. (2006). *The utility of observer-rater and self-report instruments for the detection of major depression in women after cardiac surgery*. Presented at American Heart Association Scientific Sessions, Chicago, Illinois.

Macey P.M., Cross R.L., Kumar R., Woo M.A., Harper R.M. (2006). *Brain white matter abnormalities differ in obstructive sleep apnea patients with and without depression*. Presented at American Heart Association Scientific Sessions, Chicago, Illinois.

Cross, R., Doering, L., Evangelista, L., Bower, J., Irwin, M., & Woo, M. (2006). *Regional gray matter atrophy in heart failure patients with major depression*. Presented at Western Institute of Nursing, Albuquerque, NM.

Doering, L., Cross, R., Moser, D., Riegel, B., McKinley, S., Meischke, H., & Draccup, K. (2005). *The influence of gender on depression in patients with coronary heart disease*. Presented at American Heart Association Scientific Sessions. Dallas, Texas.

Doering, L., Cross, R., Martinez, O., Vredevoe, D., & Cowan, M. (2004). *The effect of cognitive behavioral therapy on depression, infection, and immunity in woman following coronary artery bypass grafting*. Presented at American Heart Association Scientific Sessions. New Orleans, LA.

Cross, R., Doering, L., Martinez, O., & Cowan, M. (2004). *Depression, infection and immunity in woman following coronary artery bypass grafting*. Presented at Psychoneuroimmunology Research Society Meeting. Titisee, Germany.

Special Projects/Assignments

Service

University

Department Committees

2010/11 – Evaluation Committee

2010/11 – Graduate Committee

2010/11 – Pre-licensure Committee

2009/10 – Evaluation Committee

2009/10 – Pre-licensure Committee

Professional

2009/10 UCLA Health Clinic at the Union Rescue Mission, Community Advisory Board

2010- American Academy of Nurse Practitioners

2006-10 American Heart Association

2002-10 California Association of Nurse Practitioners

2001-10 Sigma Theta Tau

Community

2010 Remote Area Medical Clinic, Volunteer NP

2010 American Cancer Society, Team Leader

2008-10 National Alliance of Mentally Ill, Member

Professional Development/Continuing Education

2010 Summer Grant Writing Workshop, HHD

2009/10 Faculty Development Center (attended multiple classes to enhance online teaching)

2009/10 – Untenured Faculty and Lectures Organization

2009 – Test Item Writing Workshop

2009 – Faculty Writing Group

Conferences/Workshops Attended

2010 American Academy of Nurse Practitioners

2010 Azusa Pacific University, Research Day

2010 Annual Western Assessment Conference, CSU Fullerton

2009 University of California, Los Angeles, Research Day

2008 American Heart Association, Scientific Sessions

2008 Western Institute of Nursing

Honors/Awards

2008 – Martha N. Hill Young Investigators Award Finalist (American Heart Association).

2006-2007 – *UCLA Dissertation Year Fellowship*

2004 - *Psychoneuroimmunology Research Society Travel Award*

2004 *Who's Who of Professional and Business Women*

2002-2003 - *UCLA Regent's Fellowship*

2002 - *Who's Who Among American Universities and Colleges*

1993-1997 - *Hospital of the University of Pennsylvania Scholar*