
CURRICULUM VITAE

KOREN LEA FISHER, PH.D.

Department of Kinesiology
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ACADEMIC CREDENTIALS

Doctor of Philosophy, Kinesiology (*Conferred June 6, 2014*)
University of Saskatchewan, Saskatoon, Saskatchewan

Master of Science, Kinesiology and Health Science (*Conferred Spring, 1999*)
York University, Toronto, ON

Bachelor of Education (*Conferred Fall, 1993*)
University of Calgary, Calgary, AB

Bachelor of Physical Education (*Conferred Spring, 1991*)
University of Calgary, Calgary, AB

PROFESSIONAL EXPERIENCE

01/2016 – Present	Associate Director , Center for Successful Aging <i>California State University, Fullerton</i>
08/2015 – 01/2016	Director (Acting) , Center for Successful Aging <i>California State University, Fullerton</i>
01/2015 – 07/2015	Associate Director , Center for Successful Aging <i>California State University, Fullerton</i>
08/2014 – Present	Assistant Professor , Department of Kinesiology <i>California State University, Fullerton</i>
2013 – 2014	Research Coordinator , Office of the Vice President, Research Sessional Lecturer , College of Kinesiology (Jan-Apr 2014) <i>University of Saskatchewan, Saskatoon, SK</i>
2002 – 2013	Research Associate , Colleges of Kinesiology and Law Sessional Lecturer , College of Kinesiology (2004-2008) <i>University of Saskatchewan, Saskatoon, SK</i>
2000 – 2005	Instructor , <i>Division of Health Studies</i> <i>Medicine Hat College, Medicine Hat, AB</i>
1999 – 2002	Coordinator , Be Fit for Life Fitness Resource Centre <i>Medicine Hat College, Medicine Hat, AB</i>
1997 – 1998	Laboratory/Teaching Assistant , Human Performance Lab <i>York University, Toronto, ON</i>

SCHOLARSHIPS AND AWARDS

Training Fellowships

Strategic Training Fellowship, Community and Population Health Research Training Program, 2005-2009; \$87,500.

Affiliate Studentship, Western Region Training Centre for Health Services Research, 2005-2007; \$5,000/yr.

Graduate Internship, Community Alliance for Health Research (CAHR) in motion Research Project, 2004-2005; \$20,000.

Graduate Teaching Assistantship, York University, 1997-99; \$19,000/yr.

Alexander Rutherford Scholarship, Government of Alberta, 1987, \$1,500.00

University of Calgary Entrance Award, University of Calgary, 1987, \$500.00

Professional Awards

Health Promotion Research Institute Biomedical/Behavioral Mentorship Program, 2016-17, Course Release (F2016)

CSUF Funding My Research 1.0 Cohort Member, 2015-16, \$1,500 (maximum award)

CSUF Scholarship of Teaching and Learning Institute Scholar, Faculty Development Center, 2015, \$500

Canadian Institutes of Health Research Travel Scholarship, 2013, \$1,000

University of Saskatchewan (CGSR) Student Travel Award, 2013, \$350

University of Saskatchewan (CGSR) Student Travel Award, 2010–2011, \$1000 (2 awards)

University of Saskatchewan College of Kinesiology Travel Award, 2007, \$350.

Canadian Institutes of Health Research Institute of Population & Public Health / Institute of Health Services & Policy Research Summer Institute Travel Scholarship, 2006, \$2,500

Western Region Training Centre for Health Services Research Travel Award, 2006, \$1,000.

University of Saskatchewan College of Kinesiology Travel Award, 2005, \$500.

Canadian Alliance for Health Research (CAHR) Grant ‘Saskatoon *in motion*: Building Community Capacity through Physical Activity and Health Promotion Research’ Travel Grant, 2005, \$1,000

TEACHING ACTIVITIES

COURSES TAUGHT

California State University, Fullerton, Fullerton CA USA (2014 – Present)

- KNES 202, Introduction to Kinesiology – Fall 2014, Spring 2015, Fall 2016
- KNES 349, Measurement and Statistics in Kinesiology – Spring 2015, Fall 2015, Spring 2016
- KNES 353, Physical Activity and Lifelong Well-being – Spring, 2016, Fall 2016
- KNES 454, Physical Dimensions of Aging – Fall 2014, Spring 2015, Fall 2015, Spring 2016
- KNES 455, Functional Performance Assessment and Programming for Older Adults – Fall 2015, Fall 2016
- KNES 499, Independent Study – Fall 2016
- KNES 550, Graduate Internship – Spring 2016
- KNES 599, Graduate Independent Research – Fall, 2015, Fall, 2016
- HESC 353, Physical Activity and Lifelong Well-being – Spring, 2016, Fall 2016

University of Saskatchewan, Saskatoon, SK Canada (2004 – 2014)

- KIN 807 Research Methods in Kinesiology – 2013/14 Term II
- KIN 454 Activity & Aging – 2013/14 Term II
- KIN 223, Contemporary Health Issues for Students – Spring 2007, Spring 2008
- PTH 225, Foundations of Exercise and Work Physiology for Physical Therapists – 2005/06 Term I
- KINAC 270, Physical Activity: Applications to Health – 2004/05 Term I; 2005/06 Term I
- KIN 226 Exercise Physiology II (Cardiovascular/Respiratory) – 2004/05 Term I

Medicine Hat College, Medicine Hat, AB Canada (2000 – 2005)

- PHED 206 Functional Anatomy (Distributed Learning) – 2002-2005
- PHED 206 Functional Anatomy – Spring 2002
- PHED 202 Advanced Fitness Techniques – 2001 Winter; 2002 Winter
- NURS 253 Foundations of Health – Winter 2001; Winter 2002
- PAC 200 Aquatics – Winter 2001
- PAC 228 Cardiovascular Training – Winter 2001
- PHED 302 Fitness and Lifestyle Promotion Practicum – 2000 Winter; 2001 Winter; 2002 Winter

STUDENT SUPERVISION & MENTORSHIP

California State University, Fullerton

Graduate Students – Theses, Projects, and Comprehensive Exams			
<i>Student Name</i>	<i>Program</i>	<i>Role</i>	<i>Chairperson</i>
Regina Parckys	MS, Kinesiology (in progress)	Committee Chair	
Kelsey Wittig	MS, Kinesiology (in progress)	Committee Chair	
Mya Olivier	MS, Gerontology (in progress)	Committee Chair	
Kelsey McAlister	MS, Kinesiology (in progress)	Committee Member	D. Rubin
Brittni Doty	MS, Kinesiology (in progress)	Committee Member	K. Wilson
Christopher Lew	MS, Kinesiology (in progress)	Committee Member	D. Rose
Kristin Nichelini	MS, Kinesiology (Completed 11/2016)	Committee Member	K. Wilson
Kryston Honea	MS, Kinesiology (Completed 10/2016)	Committee Member	D. Rubin
Tyson Reyes	MS, Kinesiology (Completed 03/2016)	Committee Member	D. Rose

Graduate Students - Graduate Internship			
<i>Student Name</i>	<i>Program</i>	<i>Role</i>	<i>Term</i>
Brandon Jones	MS, Kinesiology	Supervisor	Spring 2016

Graduate Students – Independent Study			
<i>Student Name</i>	<i>Program</i>	<i>Role</i>	<i>Term</i>
Kelsey Wittig	MS, Kinesiology	Supervisor	Fall 2016
Andrea Jimenez	MS, Kinesiology	Supervisor	Fall 2015

Undergraduate Students – Independent Study			
<i>Student Name</i>	<i>Program</i>	<i>Role</i>	<i>Term</i>
Christine Aimee Ira	BS, Kinesiology		Fall 2016

PROFESSIONAL DEVELOPMENT ACTIVITIES – TEACHING & LEARNING

- Tips and Tricks for Long Class Sessions, Faculty Development Center, California State University, Fullerton – February, 2016
- Key Principles of Effective Feedback, Faculty Development Center, California State University, Fullerton – February, 2016
- SOQs and You: Making the Best Use of Your Student Opinion Data, Faculty Development Center, California State University, Fullerton – Fall, 2015
- Scholarship of Teaching and Learning Institute, Faculty Development Center, California State University, Fullerton – January, 2015
- Team Teaching in Large Classes, Gwenna Moss Centre for Teaching Effectiveness (GMCTE), University of Saskatchewan – February, 2013
- Fall Orientation to Teaching and Learning, GMCTE, University of Saskatchewan – August, 2011
- Writing Multiple Choice Questions, College of Medicine, University of Saskatchewan – May, 2006
- Academic Integrity, GMCTE – University of Saskatchewan – May, 2006
- Best Practices in Graduate Student Teaching, GMCTE, University of Saskatchewan – March, 2005
- Fall Orientation to Teaching and Learning, GMCTE, University of Saskatchewan – August, 2004

RESEARCH, SCHOLARLY, and CREATIVE ACTIVITIES

RESEARCH GRANTS

Fisher KL. *Let's Give Sitting a Break: Partnering with Older Adults to Develop an Intervention to Reduce Sedentary Behaviors.* Research, Scholarly, and Creative Activities (RSCA) Incentive Grant Program, California State University, Fullerton, 2016-17, \$7,500, Principal Investigator.

Fisher KL. *Sit less vs. Move more: Shifting focus to examine sedentary behavior in older adults.* Junior Intramural Grant Program, California State University, Fullerton, 2015-2016, \$5,000, Principal Investigator.

Chad KE, Baxter-Jones A, Muhajarine N, **Fisher KL**, Esliger DW. *Saskatchewan Healthy Weights Framework.* Saskatchewan Ministry of Health, 2011, \$20,000, Co-Investigator.

Chad KE, Baxter-Jones A, Muhajarine N, **Fisher KL.** *Physical Activity/Active Living Research and Strategic Project,* Saskatchewan Ministry of Health, 2008 – 2009, \$110,000, Co-Investigator.

Fisher KL, Chad K, Harrison EL, Reeder BA, Sari N. *Community Research Internship,* Community and Population Health Research Training Centre, 2007, \$6,000, Principal Investigator.

MacKeigan K, **Fisher KL.** *Active Lifestyles Grant Program – Medicine Hat College Be Fit for Life Centre.* Alberta Sport, Recreation, Parks and Wildlife Foundation. 2000 – 2001; \$35 000, Co-Investigator.

MacKeigan K, **Fisher KL.** *Active Lifestyles Grant Program – Medicine Hat College Be Fit for Life Centre.* Alberta Sport, Recreation, Parks and Wildlife Foundation, 2001 – 2002; \$35 000, Co-Investigator.

PUBLICATIONS

Book Chapters

Rose DJ, **Fisher KL**. The role of government in promoting physical activity. In: Nyman SR (ed.). *The Palgrave Handbook of Ageing and Physical Activity Promotion*. (In Review, submitted November, 2016).

Papers published in peer-reviewed journals

Fisher KL, Chad KE, Harrison EL, Reeder BA, Sari N. Is self-reported physical activity participation associated with lower health services utilization among older adults? Cross-sectional evidence from the Canadian Community Health Survey. *Journal of Aging Research* 2015; Article ID 425354, 14 pages, doi: 10.1155/2015/425354.

Fisher KL, Mawani A, von Tigerstrom B, Larre T, Cameron C, Chad KE, Reeder BA, Tremblay MS. Awareness and Use of the Canadian Children's Fitness Tax Credit. *Canadian Tax Journal* 2013; 61(3): 599-632.

Leis KS, Reeder BA, Chad KE, Spink KS, **Fisher KL**, Bruner BG. The Relationship of Chronic Disease and Demographic Variables to Physical Activity in a Sample of Women Aged 65 to 79 Years. *Women & Health* 2010; 50(5): 459-474.

Harrison EL, **Fisher KL**, Lawson JA, Chad KE, Reeder BA, Ashworth NL, Sheppard MS, Bruner BG. Exploring the role of housing type on physical activity and health status in community dwelling older adults. *Activity, Adaptations & Aging* 2010; 34:98-114.

Reeder BA, Chad KE, Harrison EL, Ashworth NL, Sheppard MS, **Fisher KL**, Bruner BG, Quinn B, Pahwa P, Hossain MA. Saskatoon in motion: Class- vs. home-based physical activity promotion in older adults with chronic disease. *Journal of Physical Activity and Health* 2008; 5(1):74-87.

Chad KE, Reeder BA, Harrison EL, Ashworth NL, Sheppard MS, Schultz SL, Bruner BG, **Fisher KL**, Lawson JA. Profile of physical activity levels in community dwelling older adults. *Medicine and Science in Sports and Exercise* 2005; 37(10):1774-1785.

Lindstrom B, Chad K, Ashworth N, Dunphy B, Harrison E, Reeder B, Schultz S, Sheppard S, **Fisher K**. Effectiveness of recruitment strategies for a physical activity intervention in older adults with chronic diseases. *Journal of Physical Activity & Health* 2004; 1(3):259-269.

*Papers currently in review or in progress (*Underlining indicates CSUF student authorship)*

Fisher KL, Harrison EL, Bruner BG, Lawson JA, , Reeder BA, Ashworth NL, Sheppard MS, Chad KE. Predictors of physical activity levels in community dwelling older adults: A multivariate approach based on a socio-ecological framework. *In review. Submitted to the Journal of Aging and Physical Activity (JAPA.2016-0286), September 2016.*

Fisher KL, Reeder BA, Harrison EL, Bruner BG, Shields, C, Pahwa, P, Sari, N, Ashworth NL, Sheppard MS, Chad KE. Saskatoon in Motion: 12 month follow-up of a randomized physical activity intervention comparing class-based and home-based exercise for older adults with chronic health conditions. *In review. Submitted to the Journal of Aging and Physical Activity (JAPA.2016-0285), September 2016.*

Sari N, **Fisher KL**, Harrison EL, Gezer MA, Chad KE. The effects of a randomized exercise intervention for sedentary older adults on healthcare costs. *In review. Submitted to the Journal of Health Services Research & Policy (JHSRP-16-218), September, 2016*

Fisher KL, Harrison EL, Reeder BA, Sari, N, Chad KE. The effects of a randomized, community-based physical activity intervention for community-dwelling older adults on health services utilization over a 5-year period. *In progress, to be submitted Spring 2017.*

Fisher KL, Parckys R, Wong K. Sedentary behavior and cardio-metabolic risk markers among participants in a multicomponent exercise program for older adults. *In progress, to be submitted Summer, 2017.*

Non-Refereed Publications & Reports

Chad, K., Muhajarine, N., Baxter-Jones, A., **Fisher, K.**, Hawley, J., Green, K., Esliger, D. (2011). An overview of healthy weights in Saskatchewan. Saskatchewan Ministry of Health.

Chad, K., Muhajarine, N., Baxter-Jones, A., **Fisher, K.**, Hawley, J., Green, K., Esliger, D. (2011). Recommendations for a healthy weights framework for Saskatchewan. Saskatchewan Ministry of Health.

CONFERENCE ABSTRACTS AND PRESENTATIONS

**Underlining indicates CSUF student authorship*

Zettel-Watson L, Tessler J, Kircher J, Islas L, Aquino J, **Fisher K**, Rutledge D, Cherry B. Accelerated physical and cognitive aging in a chronic pain condition vs. normal aging. Submitted for presentation at the 21st IAGG World Congress of Gerontology & Geriatrics, San Francisco, CA, July 2017.

McAlister K, Parckys R, Rose DJ, Rubin D, **Fisher KL**. Prediction of cardiovascular risk markers from analysis of sedentary behavior. Southwest Chapter, American College of Sports Medicine Regional Meeting, Costa Mesa, CA, October 2016.

Parckys R, Wong K, Rose DJ, Rubin D, **Fisher KL**. The relationship between sedentary behavior and functional ability among older adults. Southwest Chapter, American College of Sports Medicine Regional Meeting, Costa Mesa, CA, October 2016.

Fisher KL, Parckys R, Wong K, Rose DJ, Rubin D. Sedentary behavior and cardiometabolic risk markers among participants in a multicomponent exercise program for older adults. *Journal of Aging and Physical Activity*, 2016, 24 (Suppl), S64 – S65.

Fisher K, Chad K, Harrison E, Reeder B, Sari N. Physical activity and the high use of physician services among older Canadians. International Society of Behavioral Nutrition & Physical Activity Annual Meeting, Edinburgh, Scotland, June 2015.

Harrison E, **Fisher K**, Chad K, Reeder B, Ashworth N., Sheppard S., Bruner B. Function, health status, and health services costs in older adults with osteoarthritis participating in physical activity programming: a longitudinal study. World Confederation for Physical Therapy Congress 2015, Singapore, May 2015.

Le Y, Florendo L, **Fisher KL**, Barros, JAC. Auditory biofeedback can decrease performance of figure skaters. Southwest Chapter, American College of Sports Medicine Regional Meeting, Newport Beach, CA, October 2014.

Fisher K, Chad K, Harrison E, Reeder B, Sari N. Obesity and the use of hospital services among older Canadians. *Canadian Journal of Diabetes*, 2013, 37 (Suppl 2): S248.

Fisher KL, von Tigerstrom B, Larre T, Mawani A, Cameron C, Chad, KE, Reeder B, Tremblay MS. The Children's Fitness Tax Credit: Awareness and Use in the First Three Years (2007-2009). *Canadian Journal of Diabetes*, 2013, 37 (Suppl 2): S224.

Fisher KL, von Tigerstrom B, Cameron C, Chad, KE, Larre T, Mawani A, Reeder B, Tremblay MS. Uptake of the Children's Fitness Tax Credit in Canada: A Provincial/Territorial Comparison. Obesity 2011: 29th Annual Scientific Meeting, Orlando, FL, October 2011.

Fisher KL, von Tigerstrom B, Cameron C, Chad, KE, Larre T, Mawani A, Reeder B, Tremblay MS. The Children's Fitness Tax Credit: Evaluating a Canadian policy to address childhood obesity. International Society of Behavioral Nutrition & Physical Activity Annual Meeting, Melbourne, Australia, June 2011.

Fisher KL, von Tigerstrom B, Cameron C, Chad, KE, Larre T, Mawani A, Sauder J, Tremblay MS. The Children's Fitness Tax Credit: Examining this strategy to address childhood obesity. Improving Health for Children Conference, Waskesiu, SK, June 2011.

Fisher KL, von Tigerstrom B, Cameron C, Chad, KE, Larre T, Mawani A, Sauder J, Tremblay MS. The Children's Fitness Tax Credit: Does it influence parents' decisions regarding physical activity? *Canadian Journal of Diabetes*, 2011, 35 (2): 194.

Fisher K, Chad K, Harrison E, Reeder B, Sari N. Physical inactivity and health services utilization among older adults in Canada. 3rd International Congress on Physical Activity & Public Health, Toronto, ON, May 2010.

Fisher K, Harrison L, Lawson J, Chad K, Sheppard MS, Reeder B, Ashworth N, Bruner B. Exploring the relationship between housing type, physical activity and health status in community dwelling older adults. 3rd International Congress on Physical Activity & Public Health, Toronto, ON, May 2010.

Fisher KL, Oosman SN, Chad KE, Humbert ML, Kryzanowski C. The effectiveness of a school wide intervention to change physical activity levels in high school students. *Medicine & Science in Sports & Exercise*, 2009, 41 (5 Suppl), S527.

Oosman SN, **Fisher KL**, Chad KE, Humbert ML, Kryzanowski C. The effectiveness of *in motion* schools on physical activity levels of elementary school age children. *Medicine & Science in Sports & Exercise*, 2009, 41 (5 Suppl), S527.

Oosman SN, **Fisher KL**, Humbert ML, Lavallee J, Chad KE. Team Spirit: Engaging young Aboriginal women in sport. 1st Canadian Obesity Summit, Kananaskis, AB, May 2009.

Sheppard S, **Fisher K**, Grover VK, Reeder B, Chad K, Harrison E, Ashworth N, Bruner B. Saskatoon in motion: Exercise Interventions for Older Adults. *Continuing Physical Therapy Education (CPTe) Meeting*, Saskatoon, SK, May 2009.

Fisher KL, Chad KE, Harrison EL, Reeder BA, Sari N. Physical inactivity and health services utilization among older adults in Canada. CPHR / SPHERU Conference: New Directions in Population Health Research: Linking Theory, Ethics and Practice, Regina, SK, November 2008.

Fisher KL, Grover VK, Reeder BA, Chad KE, Harrison EL, Ashworth NL, Bruner BG, Sheppard, MS. 50+ *in motion*: Class vs. home-based exercise intervention for older adults – a longitudinal study. *Applied Physiology, Nutrition and Metabolism*, 2007, 32 (S1), S30.

Harrison EL, Sheppard MS, Zachar K, Haab R, **Fisher KL**, Chad KE, Reeder BA. Exploring two performance-based tests in the evaluation of community dwelling older adults with osteoarthritis. World Congress for Physiotherapy, Vancouver, BC. June 2007.

Sari N, Gezer R, Harrison EL, Chad KE, Ashworth NL, Pausjenssen A, Reeder BA, Sheppard MS, **Fisher KL**. Economic contributions of physical activity programs to the publicly funded healthcare system. Annual Conference of the Eastern Economic Association, New York City, February 2007.

Bruner BG, Chad KE, Reeder BA, **Fisher KL**, Harrison EL, Ashworth NL, Sheppard MS. From the couch to the track: Exploring the journey of older adults adopting and maintaining physical activity. *Journal of Sport and Exercise Psychology*, 2006; 28(Suppl.): p. S40.

Fisher KL, Farthing JP, Chad KE. The relationship between level of physical activity and working short-term memory. *Canadian Journal of Applied Physiology*, 2005; 30(Suppl): S27.

Sari N, Harrison, EL, Chad KE, Ashworth NL, Pausjenssen A, Reeder BA, Schultz S, Sheppard MS, **Fisher KL**. Economic contribution of physical activity to the Canadian healthcare system. Canadian Association of Health Services Policy Research, Montreal, QC, September 2005.

Fisher KL, Lindstrom BG, Chad KE, Ashworth NL, Harrison EL, Reeder BA, Schultz S, Sheppard MS, Grover VK. Impact of a physical activity intervention on health status in older adults. *Canadian Journal of Applied Physiology*, 2004; 29(Suppl): S47.

Lindstrom BG, **Fisher KL**, Chad KE, Ashworth NL, Harrison EL, Reeder BA, Schultz S, Sheppard MS, Grover VK. Effectiveness of home-based vs. class-based exercise in older adults. *Canadian Journal of Applied Physiology*, 2004; 29(Suppl): S62.

Lindstrom BG, **Fisher KL**, Chad KE, Harrison EL, Reeder BA, Ashworth NL, Sheppard MS, Schultz S, Lawson JA, Quinn B. Determinants of physical activity in community-dwelling older adults. SCAPPS, Saskatoon, SK October 2004,

Lindstrom BG, **Fisher KL**, Reeder BA, Chad KE, Harrison EL, Ashworth NL, Sheppard MS, Schultz S, Lawson JA. Psychosocial correlates of physical activity in older adults. *Journal of Aging and Physical Activity*, 2004; 12(3): p.397.

Kamencic E, Reeder B, Chad KE, Harrison EL, Ashworth NL, Sheppard MS, Schultz S, **Fisher KL**, Lindstrom BG, Grover VK. Effects of physical activity programs (class- vs. community-based) on blood pressure and levels of physical activity in hypertensive older adults. *Journal of Aging and Physical Activity*, 2004; 12(3): p.423.

Leis K, Reeder BA, Chad KE, Spink K, Harrison EL, **Fisher KL**, Lindstrom BG, Lawson JA, Ashworth NL, Schultz S, Sheppard MS. Chronic disease correlates of physical activity in women aged 65 to 70 years. *Journal of Aging and Physical Activity*, 2004; 12(3): p.422.

Fisher KL, Lindstrom BG, Chad KE, Reeder BA, Harrison EL, Lawson JA, Ashworth NL, Schultz S, Sheppard MS. Environmental determinants of physical activity in older adults. *Canadian Journal of Applied Physiology*, 2003; 28(Suppl): S52.

Fisher K, Chad K, Harrison E, Reeder B, Ashworth N, Schultz S, Sheppard MS. Physical activity in the older adult: Does perception translate into reality? *Annals of Behavioural Medicine*, 2003; 25(Suppl): B114.

Fisher KL, Gledhill N, Payne NA, Jamnik V, Katzmarzyk P, Ferguson S. Health implications of musculoskeletal fitness in males aged 15-69. *Medicine and Science in Sports and Exercise*, 1999; 31(5 Suppl): S114.

Koller M, Gledhill N, Payne NA, Jamnik V, **Fisher K**, Gordon C, Halligan J. Evaluation of a new force meter for assessing upper body strength. *Medicine and Science in Sports and Exercise*, 1999; 31(5 Suppl): S114.

Payne NA, Gledhill N, Jamnik V, Katzmarzyk P, Ferguson S, **Fisher KL**. Positive relationship between measurements of fitness and back health. *Medicine and Science in Sports and Exercise*, 1999; 31(5 Suppl): S114.

INVITED LECTURES AND CONFERENCE PRESENTATIONS

- **Fisher KL.** *Community-based aging & physical activity research.* Center for Successful Aging Fall Luncheon, Fullerton, CA, December 10, 2015.
- **Fisher KL.** *Promoting longevity: Lifestyle strategies for health & wellbeing.* Dune 50th Anniversary Speaker Series – General Education Pathways Panel, California State University, Fullerton; Fullerton, CA, October 27, 2015.
- **Fisher KL.** Guest Lecture, THRC 188 (Research and Evaluation), Therapeutic Recreation Program, Saskatchewan Institute of Applied Science and Technology, Saskatoon, SK, 2013
- von Tigerstrom B, **Fisher KL.** *Effectiveness and use of the Children's Fitness Tax.* Public Health Agency of Canada, Ottawa, ON, 2012
- von Tigerstrom B, Mawani A, Cameron C, **Fisher KL.** *Effectiveness and use of the Children's Fitness Tax.* ParticipACTION Advisory Committee Meeting, Toronto, ON, 2011
- **Fisher KL.** Guest Lecture, KIN 223 (Contemporary Health Issues), College of Kinesiology, University of Saskatchewan, 2009
- **Fisher KL.** *Administration, Scoring and Interpretation of the SF-12.* School of Physical Therapy, University of Saskatchewan, 2009
- **Fisher KL.** Guest Lecture, KIN 424 (Activity & Aging), College of Kinesiology, University of Saskatchewan, 2008
- **Fisher KL.** *What I Wish I'd Known When I Started this Job. A Panel Presentation for Graduate Student Teachers,* Fall Orientation to Teaching and Learning, Gwenna Moss Centre for Teaching Effectiveness (GMCTE), University of Saskatchewan, 2008
- **Fisher KL.** Guest Lecture, KIN 121, College of Kinesiology, University of Saskatchewan, 2007
- **Fisher KL.** Guest Lecture, KIN 225, College of Kinesiology, University of Saskatchewan, 2003
- **Fisher KL.** Lessons from the Heart, CAPE School, Medicine Hat, 2001
- **Fisher KL.** Body Smart Active Living, Riverside School, Medicine Hat, 2001
- **Fisher KL.** Lessons from the Heart Teacher In-Service, Medicine Hat School District, 2001
- **Fisher KL.** Lessons from the Heart Conference Session, Medicine Hat School District, 2001
- **Fisher KL.** Shifting to Wellness Workshop, Fort McMurray Be Fit for Life Centre, 2000
- **Fisher KL.** *Get Active Today,* Medicine Hat College (MHC) Travel/Tourism Program, 2000
- **Fisher KL.** *Sit and Be Fit,* Sunnyside Care Centre, 2000
- **Fisher KL.** *Assessing Your Personal Fitness,* Wellness Day, MHC - Brooks Campus, 2000
- **Fisher KL.** Steady As You Go Workshop, Oyen Community Health Services, 2000
- **Fisher KL.** Nutrition for Athletes Workshop, Medicine Hat College Soccer Teams, 2000
- **Fisher KL.** *Managing your Stress,* New Directions Program, MHC - Brooks Campus, 2000
- **Fisher KL.** Physical activity and osteoporosis workshop, Veiner Centre Seniors, 2000

PROFESSIONAL DEVELOPMENT ACTIVITIES - RESEARCH

Aging and Physical Activity

- World Congress on Aging & Physical Activity – June, 2016
- Determinants of Sedentary Behaviour through the Life Course. ISBNPA Satellite Meeting – June, 2015
- World Congress on Aging & Physical Activity – August, 2004

Community-based Research

- Just Societies and Healthy Communities: Campus-Community Partnerships – May 2015
- Canadian Institutes of Health Research IPPH-IHSPR Summer Institute – June, 2006
- CU Expo Community-University Research – April, 2003

Exercise Physiology

- American College of Sports Medicine Annual Meeting – May, 2015
- American College of Sports Medicine Annual Meeting – May, 2009
- Canadian Society for Exercise Physiology Annual Conference – November, 2007
- Canadian Society for Exercise Physiology Annual Conference – November, 2006
- American College of Sports Medicine Annual Meeting – June, 2006
- Canadian Society for Exercise Physiology Annual Conference – October, 2005
- Canadian Society for Exercise Physiology Annual Conference – October, 2004
- American College of Sports Medicine Annual Meeting – May, 1999
- Canadian Society for Exercise Physiology Annual Conference – October, 1998
- Canadian Society for Exercise Physiology Annual Conference – October, 1997

Exercise Psychology

- North American Society for Psychology of Sport & Physical Activity – June, 2006
- Canadian Society for Psychomotor Learning & Sport Psychology Annual Conference – October, 2004
- Society for Behavioral Medicine Annual Conference – March, 2003

Health Services and Policy Research

- CPHR/SPHERU Conference - New Directions in Population Health Research: Linking Theory, Ethics and Practice – November, 2008
- Canadian Association of Health Services Policy Research Annual Conference – September, 2006

Physical Activity, Sedentary Behavior, and Public Health

- 2015 Sedentary Behavior Conference – October, 2015
- International Society of Behavioral Nutrition & Physical Activity Annual Meeting – June, 2015
- Context is key: Unlocking physical behavior data. Loch Lomond Lectures – June 2015
- 3rd Canadian Obesity Summit – May 2013
- Obesity 2011: 29th Annual Scientific Meeting – October 2011
- International Society of Behavioural Nutrition & Physical Activity Annual Meeting – June, 2011
- Improving Health for Children Conference – June, 2011
- 2nd Canadian Obesity Summit – May, 2011
- 3rd International Congress on Physical Activity & Public Health – May, 2010

- 1st Canadian Obesity Summit – May, 2009
- 2nd International Congress on Physical Activity & Public Health – April, 2008
- Community-Based Strategies to Enhance Physical Activity: WHO International Summer School – August, 2001

Statistical Methods

- National Summer Institute for Statistical & GIS Analysis of Health Data, University of Regina – June, 2009
- Longitudinal Data Analysis Workshop, 6th International PHARE Symposium – October, 2008
- Applied Epidemiology and Biostatistics Refresher Course, 2008 Saskatchewan Epidemiology Association Meeting – October 2008
- Multilevel Analysis, 2nd International Congress on Physical Activity and Public Health – April 2008
- Introduction to SAS for Windows, Information Technology Services, University of Saskatchewan – April, 2006
- Introduction to SPSS for Windows, Information Technology Services, University of Saskatchewan – July, 2002

PROFESSIONAL, UNIVERSITY, and COMMUNITY SERVICE ACTIVITIES

DEPARTMENT, COLLEGE, & UNIVERSITY SERVICE

- Member, Communications Committee, Department of Kinesiology, California State University, Fullerton, 2016-17.
- Reader, 2016 Gerontology Commencement Exercises, California State University, Fullerton, 2016.
- Member, College of Health and Human Development Intramural Grant Review Committee, California State University, Fullerton, 2016
- Member, Search Committee, Tenure Track Position in Motor Behavior, Department of Kinesiology, 2015-2016
- Member, Miscellaneous Course Fees Committee, Department of Kinesiology, California State University, Fullerton, 2015-16
- Member, Organizing Committee, Conference Planning Committee, Annual Center for Successful Aging Conference and Expo, California State University, Fullerton, 2015-16
- Member, Scholarships and Awards Committee, Gerontology Program Council, California State University, Fullerton, 2015-16
- Member, Gerontology Program Council, California State University, Fullerton, 2014–2016
- Co-Chair, Events Committee, Gerontology Program Council, California State University, Fullerton, 2014-15.
- Member, Student Support Committee, Department of Kinesiology, California State University, Fullerton, 2014 – 2015

PROFESSIONAL SERVICE

- Abstract Reviewer, 21st World Congress of Gerontology & Geriatrics, San Francisco, CA, August, 2016
- Consensus Panel Member, SOS-Framework (Systems of Sedentary Behaviors) Consensus Conference, Glasgow Caledonian University, June 2015
- Reviewer, International Journal of Exercise Science, 2015-2016

- Reviewer, Journal of Aging & Physical Activity, 2015
- Reviewer, California Journal of Health Promotion, 2015
- Reviewer, Journal of Physical Activity and Health, 2011
- Member, Organizing Committee, National Physical Activity Summer Institute, 2010
- Examiner, Certified Exercise Physiologist Certification Exam, University of Saskatchewan, 2009
- Reviewer, Journal of Physical Activity and Health, 2009
- Member, Organizing Committee, Health and Life Sciences Conference, University of Saskatchewan, 2007 – 2009
- Member, Organizing Committee, National Physical Activity Summer Institute, 2008
- Acting Chairperson, College of Kinesiology Graduate Society, University of Saskatchewan, 2008
- Member, Organizing Committee, National Physical Activity Summer Institute, 2006
- Volunteer, Saskatchewan Exercise Science Association Annual Education Day, May 2006
- Examiner, Professional Fitness and Lifestyle Consultant Certification Exams, University of Saskatchewan, 2006-2008
- Examiner, Certified Fitness Consultant Certification Exams, Medicine Hat College, 2006
- College of Kinesiology ‘KINnection’ Open House Planning Committee (May 2005 – Jan. 2006)
- Examiner, Certified Fitness Consultant Certification Exams, Medicine Hat College, 2005
- Course Conductor, Certified Fitness Consultant Workshop, University of Saskatchewan, 2004
- Examiner, Certified Fitness Consultant Certification Exams, Medicine Hat College, 2004
- Member, Organizing Committee, 2003-2004 Canadian Society for Exercise Physiology Annual Meeting
- Member, Medicine Hat College Be Fit for Life Advisory Committee, 1999-2002N
- Exercise Physiologist, 1998 Ontario Special Olympics Conference, Mississauga, ON
- Exercise Physiologist, 1998 Toronto Maple Leafs Training Camp, Toronto, ON
- Exercise Physiologist, 1998 Skate Canada National Team Training Camp, Montreal, PQ
- Exercise Physiologist, 1998 NHL Central Scouting Testing, Toronto ON
- Exercise Physiologist, 1997 Toronto Maple Leafs Training Camp, Toronto, ON

COMMUNITY SERVICE

- Master of Ceremonies, Center for Successful Aging Fall Luncheon, Fullerton, CA, December 10, 2015.
- Panelist, Dune 50th Anniversary Speaker Series – General Education Pathways Panel, California State University, Fullerton; Fullerton, CA, October 27, 2015.
- Member, Medicine Hat Liveable Cities Committee, 2002
- Chair, Medicine Hat SHAPE (Safe Healthy Active People Everywhere) Committee, 2002
- Member, Tobacco Reduction Coalition, 2000-2002
- Co-Chair, Physical Inactivity & Youth Committee, 2000-2002
- Member, Living Fit Advisory Committee, 1999-2002
- Member, 40-Mile County Adult Learning Council, 1999-2002

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- Professional Member, American College of Sports Medicine (ACSM), 2014, 2016
- Member, International Society of Behavioural Nutrition and Physical Activity (ISBNPA), 2015-2016

- Member, International Council on Active Aging (ICAA), 2014-2016
- Certified Member, Canadian Society for Exercise Physiology (CSEP), 1999-2016
- Coaching Member, Skate Canada, 1991-2012.

OTHER CREDENTIALS

- Course Conductor, Certified Personal Trainer Program, Canadian Society of Exercise Physiology
- Certified Exercise Physiologist, Canadian Society of Exercise Physiology
- Leadership Development Initiative, Inclusive Fitness Services for People with a Disability (LDI-PWAD), Canadian Society of Exercise Physiology
- NCCP Level 3 Certified Figure Skating Coach (Theory and Technical), Skate Canada