California State University, Fullerton

**School of Nursing**

# CURRICULUM VITA

**Name: Ruth T. Mielke**

## Rank: Assistant Professor

Date of Appointment: August 19, 2010

**Educational Preparation:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Date** | **Degree** | **Institution** | **Major** | **Areas of concentration/specialization** |
| 2010 | PhD | Azusa Pacific University, Azusa CA | Nursing | Gestational Weight Gain in Mexican American Women; Obesity and Childbearing |
| 1986 | MS | University of Minnesota, Minneapolis, MN | Nursing | Nurse Midwifery |
| 1980 | BSN | Emory University, Atlanta, GA | Nursing | Women's Health/Obstetrics |
| 1978 |  | Wheaton College, Wheaton IL | Biology |  |

## Professional Licenses/Certificates:

|  |  |  |
| --- | --- | --- |
| **Date** | **Title** | **Source** |
| 2/1986 (CA) | Registered Nurse | RN 394868 |
| 7/1986 | Nurse-Midwife | NMW 579 |
| 7/1986 | Nurse-Midwife Furnishing Number | NMF 579 |
| 2/2008 | Nurse Practitioner | 18031 |
| 1/1986, 12/2011\* | Certified Nurse-Midwife | C4857 |
|  | DEA | MM0798833 |
|  | NPI: | 1932277365 |

\* Re-certification

## Employment History

**Academic:**

| **Date** | **Position** | **Institution** |
| --- | --- | --- |
| 2012- 2013 | Interim Coordinator Women’s Health Concentration | California State University Fullerton |
| 2010 -present | Assistant Professor – School of Nursing | California State University Fullerton |
| 2005 - 2010 | Adjunct faculty – School of Nursing | Azusa Pacific University, Azusa, CA |
| 2005- present | Clinical Preceptor | California State University, School of Nursing Fullerton, CA |
| 2003 - present | Clinical Preceptor | Frontier Nursing Service School of Nurse Midwifery, Hyden, KY |
| 1999 - 2002 | Clinical Preceptor | University of California, School of Nursing |
| 1988 - 1991 | Clinical Assistant Professor | University of Southern California, School of Medicine |

**Clinical/Professional:**

|  |  |  |
| --- | --- | --- |
| **Date** | **Position** | **Institution** |
| 2007 - present | Staff nurse-midwife; preceptor for CSUF nurse-midwifery students, and USC, Cedars-Sinai, and Harbor UCLA medical residents | Eisner Pediatric and Family Medical Center & California Hospital Medical Center, Los Angeles, CA |
| 2000 - 2006 | Nurse-midwife; nurse-midwife co-owner | California Obstetrics and Gynecology Services Medical Group, Inc.  Daniel Freeman and Centinela Hospitals |
| 1997 - 2002 | Business Development & Marketing Coordinator, Midwifery Care of California | California Hospital Medical Center, Los Angeles, California |
| 1993 - 1997 | Administrative Director, Women's & Children's Services and Ambulatory Clinics | California Hospital Medical Center, Los Angeles, California |
| 1991 - 1993 | Director, Nurse-Midwifery Services | California Hospital Medical Center, Los Angeles, California |
| 1989-1991 | Chief Nurse-Midwife | LAC+USC Women's Hospital, Los Angeles, CA |
| 1986 - 1989 | Staff Nurse-Midwife | LAC+USC Women's Hospital, Los Angeles, CA |
| 1982 - 1986 | Head Nurse Labor/Delivery | St. Mary's Hospital  Minneapolis, Minnesota |
| 1980-1982 | Staff nurse, Labor/Delivery | Grady Memorial Hospital, Atlanta GA |

## Academic Instruction

## Courses Taught

|  |  |  |
| --- | --- | --- |
| **Session/Semester** | **Course Number / Title** | **Weighted Teaching Units** |
| Fall 2010, 2011, Spr 2011 | 501 Theoretical Perspectives of Nursing Practice | 3 |
| Fall 2010, 2011, 2012 | 544 Health Promotion Disease Prevention | 2 |
| Fall 2010, 2012 | 572 Basic Women’s Health Management and Assessment II | 2 |
| Fall 2010, 2012 | 573B Basic WHC Practicum | 4 |
| Spr 2011 | 507 Advanced Decision Making 507L Advanced Decision Making Lab | 3 + 1 |
| Spr 2011, Spr 2013 | 577A Internship in Nurse Midwifery Practice | 2 |
| Sum 2011, 2013 | 579A Advanced Nurse Midwifery Internship | 2 |
| Sum 2011, Fall 2012 | 599 Independent Study | 0 |
| Fall 2011, Spr 2012 | 597 Master's project Chair | 2 |
| Spr 2012, Spr 2013 | 576 Intermediate Women’s Health Assessment & Mgt | 1 |
| Spr 2012 | 505B Seminar in Research and Evidence Based Practice | 3 |
| Fall 2012 | 573A Internship Basic Nurse-Midwifery Practice | 2 |
| Fall 2012 Spr 2013 | 596A Comprehensive Examination  596B Comprehensive Examination | 2, 2 |
| Spr 2013 | 546Primary Care of Women I: Family Planning & Gynecology | 2 |
| Spr 2013 | 577B Intermediate Women’s Health Care Practicum | 3 |
| Sum 2013 | 594 Professional Role for the Advanced Practice Nurse as a  Midwife or Nurse Practitioner | 2 |
| Sum 2013 | 579B Advanced Women’s Health Practicum | 3 |

**Thesis/Project Chair:**

Cheryl Canary Westlake, RN, PhD

## Number of years teaching experience:

|  |  |
| --- | --- |
| **Undergraduate** | **Graduate** |
| **3 – part time (adjunct)** | **4 - part time (adjunct)** |
|  | **3 - Full-time (2010- 2013)** |

Scholarly/Creative Activities

**Publications (separate peer-reviewed from non-peer-reviewed):**

Counseling Parents who are Considering Newborn Male Circumcision. Mielke, R. (2013). *Journal of Midwifery & Women’s Health* (in press).

Interconception Care for Women with Prior Gestational Diabetes Mellitus

Mielke, R, Deborah K. & Centuolo, R. (2013) *Journal of Midwifery & Women’s Health, 58*, 303-312doi: 10.1111/jmwh.12019.

Determinants of Excessive Gestational Weight Gain in Mexican American Women in Los Angeles (2010) (dissertation)

**Monograms, Technical Reports and Other Documents/Articles**

Mielke, R., Al-Marayati, L., Jenkins, E., Tilley,I.B, & Tate, K. (2011). *A Successful Model of Collaborative Practice in Maternity Care: A Women's Medical Home in Los Angeles*"- Manuscript finalist in call for collaborative practice reports by the American College of Obstetricians & Gynecologists and the American College of Nurse Midwives.

**Research & Grants**

Diabetes Care in Pregnancy: Comparison of Centering Pregnancy to Traditional Prenatal Care

Determinants of Gestational Weight Gain in Mexican American Women

**Presentations:**

June – September 2013 – “Preventive Care: Pregnancy, Postpartum, Newborn” and “Ongoing Postpartum and Infant Care” four, 2-day workshops to train Home Visitors for Welcome Baby Program – LA Best Babies Network

April 20, 2013 “Simulation in Nursing Education” poster presentation with Brooke Weaver, RN, BSN and Chris Latham, RN, PhD at STTI Upsilon Beta Research Symposium in Placentia, CA

April 14, 2013 “Determinants of Gestational Weight Gain in Mexican American Women in Los Angeles” podium presentation in Anaheim, CA for the Western Institute of Nursing Annual Meeting

January 9, 2013 “Healthy Pregnancy is Worth the Weight” presentation in Los Angeles, CA for the Los Angeles Best Babies Network Perinatal Collaborative

January 9, 2013 “Prevention of Obesity and Onset of Type 2 Diabetes: The Role of Postpartum Care” – presentation in Los Angeles, CA with M. Lynn Yonekura, MD, for the Los Angeles Best Babies Network Perinatal Collaborative

November 2, 2013 “Determinants of Gestational Weight Gain in Mexican American Women in Los Angeles poster presentation with Nicholas Gorman, MPH, EdD

June 7, 2012 “Interconception Care for Women with Prior Gestational Diabetes”, Presentation with Deborah Kaiser, and Rhonda Centuolo – presentation in Long Beach, CA at the American College of Nurse Midwives Annual Convention  
May 2, 2012 “Centering Pregnancy: An Alternative Model for Improved Care: Does it Improve Outcomes in Women with Diabetes?” – Presentation with Nikki Liburd, MD at Cedars Sinai Medical Center, Los Angeles, CAApril 2011 - "Centering Pregnancy for Diabetic Women in Los Angeles"- Poster presentation with Cathy Jacobs, CNM, FNP, MSN at 1st National Centering Research Symposium in Chicago, Il

November 2011 “Alternative Methods of Pain Management in Labor and Delivery” Presentation at California Hospital Medical Center Annual CME Conference in Los Angeles, CA

October 2010 “Determinants of Excessive Gestational Weight Gain in Mexican American Women with Normal Pre-pregnancy Body Mass Index” Presentation at STTI Odyssey Annual Conference in San Diego, CA

June 2010 “Is She Gaining Enough, or Too Much? A Gestational Weight Gain Update” Presentation at American College of Nurse Midwives Annual Conference, Washington, DC

April 2010 “Determinants of Excessive Gestational Weight Gain in Mexican American Women” Podium presentation at Western Institute of Nursing Research Conference, Glendale, AZ

January and November 2010, August 2009 "Preventative Care" Universal Home Visitation Pilot Training for Best Start, Welcome Baby, Los Angeles, CA

April 2009 “Measuring Determinants of Excessive Gestational Weight Gain in Mexican American Women in Los Angeles” Poster presentation at the Western Institute of Nursing, Salt Lake City, UT

2006, 2008 “Transforming Postpartum Care” for LA Best Babies Network, Los Angeles, CA

## Special Projects/Assignments

Trainer for Los Angeles Best Babies Network- Welcome Baby! Preventive Care: Prenatal, Postpartum, and Newborn care (2013)

Genomics champion for CSUF School of Nursing (2011- 2012)   
Consultation for development of nurse-midwifery practices

Expert witness

Service

**Membership**  
American College of Nurse-Midwives

California Nurse-Midwives Association

Association of Reproductive Health Professionals

International Society of Nurses in Genetics

Sigma Theta Tau

**Professional**

Reviewer for *Journal of Midwifery and Women’s Health*

ACNM Division of Standards and Policy committee member

## Current clinical practice and preceptor for nurse-midwife and nurse-practitioner students, residents, and medical students at Eisner Pediatric & Family Medical Center and California Hospital Medical Center, Los Angeles, CA

California Nurse-Midwives Association – Southern region representative 2013-2015

California Nurse-Midwives Association – 2013 Annual meeting planning committee member

California Nurse-Midwives Association – Health policy day group leader - 2008-2013

American College of Nurse-Midwives - Local planning committee member for 57th ACNM Annual Meeting in Long Beach, CA- June 2012

ACNM affiliate - California Nurse-Midwives Association (President 2006-2008)

## School of Nursing/University

## Interim Coordinator, Women’s Health Care Concentration, 2012-2013

## SON (Graduate, Undergraduate, and Evaluation committees)

Student Health Advisory Committee

Dean’s Advisory Committee

## Community

California Maternal Quality Care Collaborative, 2013

Community Health Councils Infant Mortality Advisory group, 2012

LA Best Babies - Advisory Board member, 2009-2013

Care Harbor 2011, 2012

Centering Pregnancy Task Force, 2012

LA Best Babies Advisory Board

Invest in Pasadena Kids

## Professional Development/Continuing Education

Neonatal Resuscitation (2013)

Competency Maintenance in Obstetrics (2012)

Cincinnati Children’s Hospital Genetics Institute (January - May 2012)

American Midwifery Certification Board recertification (December 2011)

Faculty Development sessions (monthly for 2010 - 2011 year) for new tenure tract faculty at CSUF

\*See also conferences attended.

**Conferences/Workshops Attended\***

American College of Nurse Midwives Annual Meetings: 2013 (Nashville, TN); 2012 (Long Beach, CA); 2011 (San Antonio, TX); 2010 (Washington D.C.).

NIH Consensus Development Conference: [Diagnosing Gestational Diabetes Mellitus](https://campusmail.fullerton.edu/owa/redir.aspx?C=9GaPP9EPD0-5spze_paFCDoWVMLn9s8IEIfN7OchEFHCbOuGrREi0dE_xd6uiDlI6tLjEol4ptM.&URL=http%3a%2f%2fr20.rs6.net%2ftn.jsp%3fe%3d0019c-6pgn9Lt5CsCHggKrrxCZLKWKnwC11QZ7xJmGgjzmQLC_G3kVHSfViCIeX-UVkTpJQL7N1aZ0IjgkphT5FbaeUdZlm2aCbnWkzzf0KXvj0KErKOwAbF0KMaQb3mOq6RLaTUJlfQ3LGjcBFiA0qu975-q9Ik5VTspgF-jGpJownDCfB1P54iQ%3d%3d)

March, 2013 (Bethesda, MD)

Western Institute of Nursing Annual Conferences: 2013 (Anaheim, CA); 2010 (Glendale, AZ); 2009 (Salt Lake City, UT).

International Society of Nurses in Genetics Annual Meeting, “Charting a

Course for Genetic/Genomic Nursing: Practice, Education and Research,” October 2013 (Philadelphia, PA)

Sweet Success Extension Program “From Prepregnancy Planning to Maternal and Infant Outcomes,” May, 2012 (Pasadena, CA)

International Society of Nurses in Genetics Annual Meeting “Genomic

Health Worldwide: Nurses Leading the Way,” 2011 (Montreal, Quebec)

American Association of Colleges of Nursing "Success Strategies for New Faculty," 2011 (Austin, TX)

1st National Centering Research Symposium 2011 (Chicago, IL)

American Academy of Nursing Annual Conference, 2008 (Miami, FL)

Congress on the Advancement of Nursing Science, 2008 (Washington, D.C.)

## Honors/Awards

Nominated for Daisy Award for Teaching Excellence – CSUF School of Nursing, 2013

Excellence in Teaching Award - CSUF Women's Health Concentration Students, 2011

UniHealth - Clarence Owen Murphy Award for volunteerism, 1994