

Yuying Tsong, Ph.D.

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EDUCATION

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|---------|---|------|
| Ph.D. | <i>Counseling Psychology</i> (APA Accredited) Rossier School of Education University of Southern California | 2004 |
| M.S.Ed. | Counseling Psychology University of Southern California | 2002 |
| M.Ed. | <i>Counseling Psychology</i> Rutgers University, the State University of New Jersey, New Brunswick | 1997 |
| B.S. | <i>Agricultural Economics</i> National Taiwan University, Taipei, Taiwan, R. O. C. | 1994 |

CURRENT POSITION

08/2012 – **Associate Professor**
Department of Human Services
California State University, Fullerton

Courses Taught:

HUSR/AFRO 311 Intracultural Socialization; HUSR/COUN 350 Leadership Skills and Personal Development; HUSR/COUN380 Theories and Techniques of Counseling; HUSR 396/396L Practicum Seminar/Lab; HUSR 411 Human Services to Deliveries to Communities; HUSR 496 Internship Seminar/Lab; HUSR 470 Program Evaluation

Courses Developed:

HUSR 350 Leadership Skills and Personal Development Study Abroad Program (2015 location – Aix-en-Provence, France, 2016, 2017 location – Barcelona, Spain)
HUSR 496 Global Internship (2016, 2017 location – Barcelona, Spain)
HUSR 425T – Services Delivery to the Asian American Communities

Research Agenda:

- 1) **Asian American Mental Health** (e.g., disordered eating behaviors, transnational families, acculturative stress, stigma and attitudes toward seeking help)
- 2) **Psychology of Women** (e.g., effects of intersections of racism/sexism/heterosexism on interpersonal relationship, family, work contexts)
- 3) **Multicultural Counseling and Training** (e.g., cross-cultural and multicultural counseling and clinical supervision process and outcome)

2017 – **President-Elect**
Division 35, Society for the Psychology of Women

American Psychological Association

2015 – **Special Issue Co-Editor**
 Women & Therapy: Special Issue on Trauma and Well-being among Asian American Women

PUBLICATION AND PRESENTATIONS

+ indicate graduate student contributor

* indicate undergraduate student contributor

Peer-Reviewed Journal Articles

<http://www.ncbi.nlm.nih.gov/sites/myncbi/yuying.tsong.1/bibliography/47336119/public>

- Tsong, Y.**, & Ullman, S. E. (in press). Cognitive Responses and Coping Strategies of Asian American Women Sexual Assault Survivors. *Women & Therapy: Special Issue on Trauma and Well-being among Asian American Women*.
- Dinh, K. T., Ho, I. K., & **Tsong, Y.** (in press). Introduction to special issue: Trauma and well-being among Asian American women. *Women & Therapy: Special Issue on Trauma and Well-being among Asian American Women*.
- Li, J., Fairhurst, S., Chege, C., Jenks, E., **Tsong, Y.**, Golden, D., White, L., Andreassen, A., Scott, S., Souris, M., & Schmitt, S. (2016). Card-sorting as a tool for communicating the relative importance of supervisor interventions. *Clinical Supervisor*, 35(1), 80-97. Doi=10.1080/07325223.2016.1165641
- Frederick, D., Kelly, M. C., Latner, J. D., Sandhu, G., & **Tsong, Y.** (2016) Appearance concerns among White and Asian American women: Sociocultural predictors of body, face, and eye satisfaction. *Body Image: An International Journal of Research*, 16(1), 113 – 125. Doi: 10.1016/j.bodyim.2015.12.002
- Tsong, Y.**, & Smart, R. (2015). The role of cultural beliefs in disordered eating among Asian American women. *Asian American Journal of Psychology*, 6(4), 342-349. Doi: 10.1037/aap0000029
- Smart, R., Chisum⁺, A., Robertson-Pfeffer⁺, K. & **Tsong, Y.** (2015). Women's experiences with a mindful eating course on a university campus: A pilot study. *California Journal of Health Promotion*, 13(1), 59 – 65. http://www.cjhp.org/volume13Issue1_2015/documents/59-65_Formatted_Smart_BriefReportCJHP2015_Issue1.pdf
- Bryant-Davis, T., Ullman, S., **Tsong, Y.**, Anderson⁺, G., Counts⁺, P., Tillman⁺, S....Gray, A. (2015). Healing pathways: Longitudinal effects of religious coping and social support on PTSD symptoms in African American sexual assault survivors. *Journal of Trauma and Dissociation*, 16(1), 114-128. Doi: 10.1080/15299732.2014.969468
- Tsong, Y.**, & Goodyear, R. K. (2014). Assessing supervision's clinical and multicultural impacts: The Supervision Outcome Scale's psychometric properties. *Training And Education In Professional Psychology*, 8(3), 189-195. doi:10.1037/tep0000049
- Smart, R., **Tsong, Y.** (2014). Weight, body dissatisfaction, and disordered eating: Asian American women's perspective. *Asian American Journal of Psychology*, 5 (4), 344 – 352. doi: 10.1037/a0035599

- Bryant-Davis, T. Ullman, S., **Tsong, Y.**, & Gobin⁺, R. (2011). Surviving the storm of sexual assault: The role of social support and religious coping in sexual assault recovery of African American women. *Violence against Women*, 17 (12), 1601 – 1618.
- Smart, R., **Tsong, Y.**, Mejia, O., & Hayashino, D., Braatten⁺, M. E. (2011). Therapists' experiences treating Asian American women with eating disorders. *Professional Psychology: Research and Practice*, 42 (4), 308 – 315.
- Bryant-Davis, T., Ullman, S., **Tsong, Y.**, Tillman⁺, S., & Smith⁺, K. (2010). Struggling to survive: Sexual assault, poverty, and mental health of African American women. *American Journal of Orthopsychiatry*, 80 (1), 61 – 70.
- Park⁺ Y., Vo^{*}, L., & **Tsong, Y.** (2009) Asian values gap, family affection, and the parent-child relationship among Asian American college students. *Cultural Diversity & Ethnic Minority Psychology*, 15 (1), 18 – 26.
- Liu, Y., **Tsong, Y.**, & Hayashino, D. S. (2007). Group counseling with Asian American women: reflections and effective practices. *Women & Therapy*, 30(3/4), 193 – 208. Co-published simultaneously in *Feminist reflections on growth and transformation: Asian American women in therapy* (eds. Debra Kawahara, and Oliva M. Espin) The Haworth Press, Inc., 2007, pp. 193 – 208.

Book Chapters

- Tsong, Y.**, & Smart, R. (2014). Assessing eating pathology in Asian Americans. In L. T. Benuto, N. Thaler, & B. Leany (Eds.), *Guide to psychological assessment in Asian Americans*. (pp. 243 – 260). New York, NY: Springer Publishing Company.
- Hayashino, D., & **Tsong, Y.** (2014). Buddhism and Taoism in the lives of Asian American women. In T. Bryant-Davis, D. Willis, D. Kawahara, & A. Austria (Eds.), *Religion and spirituality for diverse women: Foundations of strength and resilience*. (pp. 139 – 155). Santa Barbara, CA: ABC-CLIO, Inc.
- Tsong, Y.**, & Liu, Y. (2008). Parachute kids and astronaut families. In N. Tewari, & A. Alvarez (Eds.), *Asian American Psychology: Current Perspectives*. (pp. 365 – 379). Mahwah, NJ: Lawrence Erlbaum Associates, Inc.

Others

- Tsong, Y.** (2014). Parachute kids and astronaut parents. *Orange County Register: Living Textbooks*.
<http://www.ocregister.com/articles/children-611961-parents-astronaut.html>
- Tsong, Y.** (2013). Parachute kids. In E. J. W. Park & X. Zhao (Eds.), *Asian Americans: An Encyclopedia of Social, Cultural, and Political Change*. Santa Barbara, CA: ABC-CLIO, Inc.
- Tsong, Y.** (2013). Soong Mei-lin. In E. J. W. Park & X. Zhao (Eds.), *Asian Americans: An Encyclopedia of Social, Cultural, and Political Change*. Santa Barbara, CA: ABC-CLIO, Inc.
- Tsong, Y.** (2013). Sun Yat-Sen. In E. J. W. Park & X. Zhao (Eds.), *Asian Americans: An Encyclopedia of Social, Cultural, and Political Change*. Santa Barbara, CA: ABC-CLIO, Inc.
- Tsong, Y.** (2013). Wayne Wang. In E. J. W. Park & X. Zhao (Eds.), *Asian Americans: An Encyclopedia of Social, Cultural, and Political Change*. Santa Barbara, CA: ABC-CLIO, Inc.

PROFESSIONAL PRESENTATIONS

+ indicate graduate student contributor

* indicate undergraduate student contributor

Peer-Reviewed Presentations

(Post-Degree Only)

- Tsong, Y.**, Ward⁺, M. W., Dilley⁺, A., Wang⁺, S. C., Smart, R. (2017, October). *Barriers and considerations for professional help-seeking for Asian Americans with body image and disordered eating concerns: A qualitative exploration*. Poster presented at the meeting of the Asian American Psychological Association annual convention, Las Vegas, NV.
- Pham⁺, V., Nguyen^{*}, P., & **Tsong, Y.** (2017, August). *Vietnamese American older adult depression and help-seeking: A pilot study*. Poster presented at the meeting of the American Psychological Association 2017 annual convention, Washington, DC.
- Tsong, Y.**, Chai, V.^{*}, Sheldon, R.^{*}, Pineda^{*} (2017, August). *Asian American college students' mental health service experiences: A qualitative examination*. Poster presented at the meeting of the American Psychological Association 2017 annual convention, Washington, DC.
- Barron^{*}, K., & **Tsong, Y.** (2017, August). *Help-Seeking Experiences of Latinx Parents of Children with Autism*. Poster presented at the meeting of the American Psychological Association 2017 annual convention, Washington, DC.
- Kaivan⁺, N., Sheldon^{*}, R., Walton^{*}, A., & **Tsong, Y.** (2017, August). *A qualitative examination of growth and development from studying abroad*. Poster presented at the meeting of the American Psychological Association 2017 annual convention, Washington, DC.
- Smart, R., Tsong, Y., Dilley⁺, A., Wang⁺, S., & Ward⁺, M. L. (2017, March). *Asian American women and disordered eating: A mixed-method study*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Milwaukee, WI.
- Yang⁺, J., & **Tsong, Y.** (2017, January). *Mental health literacy and help-seeking in Cambodia*. Poster presentation presented at the meeting of the 2017 National Multicultural Conference & Summit, Portland, Oregon.
- Pham⁺, V., & **Tsong, Y.** (2017, January). *Vietnamese American older adult mental health belief, knowledge, and help-seeking*. Poster presentation presented at the meeting of the 2017 National Multicultural Conference & Summit, Portland, Oregon.
- Liu⁺, J., & **Tsong, Y.** (2017, January). *Gender differences in Chinese and Taiwanese older adults' attitudes about mental health and help-seeking*. Poster presentation presented at the meeting of the 2017 National Multicultural Conference & Summit, Portland, Oregon.
- Tsong, Y.**, Reese, M.^{*} (2016, August). *Thin Ideal, Disordered Eating, and Help Seeking among Asian American and White American women*. Poster presented at the meeting of the American Psychological Association 2016 annual convention, Denver, Colorado.
- DeSanto^{*}, I., Kaivan⁺, N., & **Tsong, Y.** (2016, August). *Cognitive Flexibility Changes from Studying Abroad*. Poster presented at the meeting of the American Psychological Association 2016 annual convention, Denver, Colorado.

- Pham+, V. & Tsong, Y. (2016, August). *Vietnamese American older adult mental health literacy and help seeking*. Poster presented at the meeting of the American Psychological Association 2016 annual convention, Denver, Colorado.
- Liu+, J. & Tsong, Y. (2016, August). *Factors influencing help-seeking in Chinese and Taiwanese American older adults*. Poster presented at the meeting of the American Psychological Association 2016 annual convention, Denver, Colorado.
- Liu+, J. & Tsong, Y. (2016, March). *Attitudes toward mental health and help seeking of older Chinese and Taiwanese American women*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Pittsburgh, PA.
- Tsong, Y. & Reese*, M. (2016, March). *Beliefs about eating disorder causes and society's thin ideal amongst Asian, White, and Latina American women*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Pittsburgh, PA.
- Smart, R. & Tsong, Y. (2016, March). *Asian American women and disordered eating: Stories of struggle and recovery*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Pittsburgh, PA.
- Reese*, M., & Tsong, Y. (2015, August). *Society's thin ideal and eating disordered attitudes among Asian American and White women*. Poster presented at the meeting of the Asian American Psychological Association 2015 annual convention, Toronto, Canada.
- Nakamura, N., & Tsong, Y. (2015, August). *Mental health impacts on individuals in same-sex Binational relationships in the U.S.*. In N. Nakamura (chair), Giving voice to lesbian, gay, bisexual, and transgender immigrant experiences in the U.S.. Symposium presented at the meeting of the American Psychological Association 2015 annual convention, Toronto, Canada.
- Bryant-Davis, T. S., Ullman, S. E. & Tsong, Y. (2015, August). *Healing pathways: Religion and social support among African American sexual assault survivors*. In M. B. Mechanic (chair), Trauma and resilience among diverse survivors of violence against women and girls. Symposium presented at the meeting of the American Psychological Association 2015 annual convention, Toronto, Canada.
- Dinh, K. T., Kawahara, D., Tsong, Y., Le, P. L., & Hsieh, C. (2015, August). *Experiences of isms by AAPI women in leadership roles*. Roundtable/Conversation Hour session presented at the meeting of the American Psychological Association 2015 annual convention, Toronto, Canada.
- Kwon*, B. E. & Tsong, Y. (2015, August). *Experiences, risk, and protective factors of parachute kids and astronaut families*. Poster presented at the meeting of the American Psychological Association 2015 annual convention, Toronto, Canada.
- Liu+, J. & Tsong, Y. (2015, August). *Attitudes toward mental health and help-seeking attitudes of older Chinese and Taiwanese Americans*. Poster presented at the meeting of the American Psychological Association 2015 annual convention, Toronto, Canada.
- Tsong, Y. & Smart, R. (2015, March). *Culture, body size discrepancy, and disordered eating among Asian American women*. Poster presented at the meeting of the Association of Women in Psychology annual convention, San Francisco, CA.

- Smart, R., & Tsong, Y. (2015, March). *A feminist exploration of facilitator and participant responses to a course in mindful eating*. Paper presented at the meeting of the Association of Women in Psychology annual convention, San Francisco, CA.
- Tsong, Y., & Kwon*, B. E. (2015, January). *Risk and protective factors of Asian American transnational families' psychological well-being: Stories of parachute kids and astronaut families*. Poster presentation presented at the meeting of the 2015 National Multicultural Conference & Summit, Atlanta, GA.
- Liu*, J., & Tsong, Y. (2015, January). *Culturally specific factors of older Chinese and Taiwanese immigrants' mental health knowledge and help-seeking attitudes and behaviors*. Poster presentation presented at the meeting of the 2015 National Multicultural Conference & Summit, Atlanta, GA.
- Dinh, K. T., Tsong, Y., Hayashino, D., Le, P. L., Li, Vanessa*, & Chain*, J. (2014, August). *Feminist to feminist: Achievements and challenges in the mentoring relationship*. Roundtable/Conversation Hour session presented at the meeting of the American Psychological Association 2014 annual convention, Washington, DC.
- Tsong, Y. (2014, August). *Assessing supervision's clinical and multicultural impacts*. In C.-I. Li (chair), Addressing supervision process and outcomes. Symposium presented at the meeting of the American Psychological Association 2014 annual convention, Washington, D.C.
- Li, C.-I., Fairhurst S., Hefley, A., Hartounian, P., Akopyan, A., & Tsong, Y. (2014, August). Addressing supervision process and outcomes. In C.-I. Li (chair), *Defining supervision process and outcomes*. Symposium presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Tsong, Y. & Smart, R. (2014, March). *Adherence to traditional Asian values and disordered eating behaviors and attitudes in Asian American women*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Columbus, OH.
- Smart, R., & Tsong, Y. (2014, March). *Exploring participants' experiences with an 8-week course in mindful eating*. Poster presented at the meeting of the Association of Women in Psychology annual convention, Columbus, OH.
- Tsong, Y. (2014, March). *Individual difference, leadership and mentoring: The feminist voices of the SPW section leaders (chair)*. Symposium conducted at the meeting of the Association of Women in Psychology annual convention, Columbus, OH.
- Tsong, Y., & Khanh, D. (2014, March). Experiences of racism and heterosexism within the feminist communities. In Tsong, Y. (chair), *Individual difference, leadership and mentoring: The feminist voices of the SPW section leaders*. Symposium conducted at the meeting of the Association of Women in Psychology annual convention, Columbus, OH.
- Young, J., Vartanian*, C., Tsong, Y. (2014, March). *Suicide prevention gatekeeper programs: Do they work?* Poster presented at The Center for Dignity, Recovery, and Empowerment annual conference, San Francisco, CA.
- Kim, G., Tsong, Y., & Uy, P. (2013, August). *Making allies for social justice: Fostering dialogue and wellness for Asian American students*. Interactive session presented at the meeting of the Asian American Psychological Association 2013 annual convention, Honolulu, HI.

- Smart, R., & Tsong, Y. (2013, March). *Asian and Asian American women's experiences of body, weight, and eating concerns*. Paper presented at the meeting of the Association of Women in Psychology annual convention, Salt Lake City, UT.
- Brown⁺, T. E., Ho, J., Tsong, Y., Moss⁺, N., & Cale⁺, E. J. (2012, October). *Effectiveness of community implementations of Parent-Child Interaction Therapy (PCIT): A meta-analysis*. Paper presented at the meeting of the International Organization of Social Sciences and Behavioral Research, Las Vegas, NV.
- Trice⁺, J., & Tsong, Y. (2012, August). *Domestic violence and African American Christians attending Church of Christ*. Poster presentation at the meeting of the American Psychological Association 2012 annual convention, Orlando, FL.
- Tsong, Y., & Ho, I. (2011, August). Identify effective approaches/strategies that subvert the prominence of sexism and male privilege within AAPA communities. In Dinh, K. (chair), *In search of home and equality: A conversation with our AAPA sisters and brothers about sexism and male privilege within AAPA communities*. Interactive session presentation at the meeting of the Asian American Psychological Association 2011 annual convention, Washington, DC. ***Recipient of the AAPA 2011 Division on Women Award**
- Tsong, Y., & Gordon⁺, J. (2011, August). *Previous contact, diagnosis, and stigma toward eating disorders among European and Asian American women*. Poster presentation at the meeting of the American Psychological Association 2011 annual convention, Washington, DC.
- Tsong, Y., ⁺ Stewart, J., & ⁺ Karimian, A. (2011, August). *Role of culture and attitudes toward seeking mental health services in Cambodia: The provider's perspective*. Poster presentation at the meeting of the American Psychological Association 2011 annual convention, Washington, DC.
- Tsong, Y. (2011, August). *Experiences of institutional oppression through the profession and the role of mentoring in coping and thriving among APIA women (Discussant)*. Symposium presentation at the meeting of the American Psychological Association 2011 annual convention, Washington, DC.
- Tsong, Y. (2011, January). Religious and cultural roles and expectations: The Asian American women perspective. In T. Bryant-Davis (chair), *Faith and Feminism: The use of Spirituality to dismantle oppression*. Symposium presentation at the meeting of the 2011 National Multicultural Conference & Summit, Seattle, WA.
- Tsong, Y. & Gordon, J. (2011, January). *Eating disorders in Asian and White American women: Sociocultural attitudes and stigma*. Poster presentation at the meeting of the 2011 National Multicultural Conference & Summit, Seattle, WA.
- Stewart⁺, J., & Tsong, Y. (2010, November). *Mental health in Cambodia: A qualitative evaluation*. Poster presented at the meeting of the 6th World Conference on the Promotion of Mental Health and Prevention of Mental and Behavioral Disorders, Washington, DC.
- Tsong, Y. (2010, August). *Role of culture on mental health for ethnic and sexual minorities (chair)*. Symposium conducted at the meeting of the American Psychological Association 2010 annual convention, San Diego, California.
- Tsong, Y. (2010, August). *Portraits of the Korean American community: identity, family, and health (discussant)*. Symposium conducted at the meeting of the American Psychological Association 2010 annual convention, San Diego, California.

- Tsong, Y., & Kim, A.** (2010, August). Gender role, acculturation, and psychological wellbeing of Asian American women. In R. G. Chung (Chair), *Gender and acculturation in mental health issues of Asian Americans*. Symposium conducted at the meeting of the American Psychological Association 2010 annual convention, San Diego, California.
- Hsieh⁺, C., Thakar, D., Dinh, K., Hayashino, D., Ho, I., Le, P., Lowe, S., & **Tsong, Y.** (2010). *AAPA women psychologists in the next decade: Identity, mentoring, and networking*. Interactive session presented at the meeting of the Asian American Psychological Association 2010 annual convention, San Diego, California.
- Smart, R. & **Tsong, Y.** (2010, February). Conceptualizing eating disorders within a cultural context: Therapists' experiences with Asian American women. Paper presented at the convention of the Association for Women in Psychology, Portland, OR.
- Bryant-Davis, & **Tsong, Y.** (2009, November). *Surviving sexual assault: African American women, social support, and religious coping*. In S. Ullman (Chair), *Disclosure, reactions, and support: Predictors and consequences*. Symposium conducted at The International Society for Traumatic Stress Studies (ISTSS) 25th annual meeting, Atlanta, Georgia.
- Tsong, Y., & + Trice, J.** (2009, August). *Working with aggression in the African American Christian community*. Paper presented at the meeting of the American Psychological Association 2009 annual convention, Toronto, Canada.
- Buchhold⁺, L., & **Tsong, Y.** (2009, April). *An overlooked population: Positive mood gay men, a qualitative study*. Paper presented at the meeting of the California Psychological Association 2009 annual convention, Oakland, CA.
- Tsong, Y.** (2008, August). Group counseling with Asian American women. In D. M. Kawahara (Chair), *Feminist Reflections in Growth and Transformation: Asian American Women in Therapy*. Symposium conducted at the American Psychological Association 2008 annual convention, Boston, MA.
- Tsong, Y.** (2008, April). Career in professional school settings. In D. Hayashino (Chair), *Career after your pre-doctoral internship*. Symposium conducted at the Southern California Training Directors and Interns Conference, Long Beach, CA.
- Tsong, Y., Liu, Y., & Hayashino, D.** (2008, March). Group counseling with Asian American women. In D. M. Kawahara (Chair), *Feminist Reflections in Growth and Transformation: Asian American Women in Therapy*. Symposium conducted at the conference of the Association for Women in Psychology, San Diego, CA.
- Tsong, Y. V.** (2005). *Mediated effects on perceived supervisor competence on supervisee omissions*. Paper accepted for presentation at American Psychological Association 113th annual convention, Washington, D. C., 2005.
- Tsong, Y. V.** (2005). *Racial pairing, perceived supervisor general and multicultural competence, supervisee nondisclosures, and supervision outcome*. Paper presented at American Counselor Education and Supervision Conference, Pittsburgh, PA, 2005.
- Germer-Fraga, J., O'Halloran, M. S., **Tsong, Y. V., & Gamboa, Y.** (2005). *Acculturation and Rates of Eating Disorders Among Mexican American College Women*. Poster presented at the Annual Conference of the American Psychological Association, Washington, D.C., August, 2005.

Tsong, Y. V., & Goodyear, R. (2004). Scales development and refinement: *Omission in Supervision Inventory (OIS) and Supervision Outcome Scale (SOS)*. Paper presented for poster session of American Psychological Association 112th annual convention, Hawaii, 2004.

Liu, Y., Chung, R.G., & **Tsong, Y. V.** (2004). *Acculturation, family, and career self-efficacy in Asian Americans*. Paper presented for poster session of Asian American Psychological Association annual convention, Hawaii, 2004.

Invited Presentations

Dinh, K., Yokoyama, K., Hsieh, C., **Tsong, Y.**, Crane, L. S., Le, P. L., Kim-Prieto, C., Kim, G. S., Liu+, J., Lowe, S., & Ng+, F. (2017, August). *"Hey, Guys!" ad Ladies, gals, women, womyn, and sisters: Examining contemporary language use amongst feminists*. Conversation hour session presented at the meeting of the American Psychological Association 2017 annual convention, Washington, DC.

Tsong, Y. (2014, September). *Disordered eating in Asian American Women*. Invited Speaker presented at the 2014 Asian Pacific American Medical Student Association (APAMSA) National Conference, Las Vegas, NV.

Tsong, Y. (2014, June). Women's health (facilitator). *Community-University partnerships: Setting a new agenda for health care discovery*. Community Workshop at the 2014 Translational Research Day at UC Irvine. Institute for Clinical and Translational Science. Irvine, CA.

Lowe, S. M., **Tsong, Y.**, & + Chang, B. (2013, August). Feminist practice for Asian American women. In Hurtado, A. (chair), *Advocacy and empowerment for diverse women and children*. Symposium presentation at the meeting of the American Psychological Association 2013 annual convention (National), Honolulu, HI.

Tsong, Y. (2013, August). *Seeking an authentic feminist Asian American identity (Chair)*. Symposium presentation at the meeting of the American Psychological Association 2013 annual convention (National), Honolulu, HI.

Tsong, Y., +Lui, P. (2013, August). *Creativity and feminist expression*. Interaction session presented at the Division 35 Society for the Psychology of Women Hospitality Suite Programming of American Psychological Association 2013 annual convention (National), Honolulu, HI.

Tsong, Y. (2013, July). *Culturally specific risk and protective factors of eating disordered behaviors and attitudes among Asian American women and men*. Poster presented at the 2013 Minority Fellowship Program Psychology Summit Institute, Washington, DC.

Tsong, Y. (2012, November). *You sure got fat: Asian American women body image concerns and eating disorder behaviors*. Invited Speaker presented at Lecture Series "Model Minority Thin", Wellesley, MA. Invited by: Wellesley College Multicultural Program and Services

GRANTS

Submitted and Scored

02/17 NIH Grant PAR16-200 Academic Research Enhancement Award (AERA, R15) – Health Aging Psychoeducation Program Initiative (HAPPI) – A pilot intervention program to improve Chinese American older adult depression literacy and help seeking attitudes (1R15 AG058236-01) Award amount requested: \$377,803.

05/16 NIH Grant PAR14-018 Support of Competitive Research (SCORE) Research Continuance Award (SC3) – Healthy and Happy Aging (HAHA) – An intervention program to increase Chinese American Older Adult Mental Health Literacy (1SC3GM122631) Award amount requested: \$300,000.

Funded as Principal Investigator

Extramural

07/15 – 02/17 UCLA/Charles Drew University (CDU) Resource Centers for Minority Aging Research “Center for Health Improvement of Minority Elderly” (RCMAR/CHIME) and UCLA Clinical and Translational Science Institute (CTSI) Pilot-Study Award (\$30,000). RCMAR/CHIME is under NIH/NIA Grant P30-AG021684 and UCLA CTSI is under NIH/NCRR/NCATS Grant Number UL1TR000124
Vietnamese American Older Adults Mental Health Literacy and Help Seeking

01/14 – 12/14 Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGs) Supplemental Booster Grant (\$2600)
Culturally Specific Risk and Protective Factors of Eating Disordered Behaviors and Attitudes among Asian American Women and Men
Office of Ethnic Minority Affairs (OEMA), American Psychological Association

07/13 – 12/14 Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGs) Grant (\$8900)
Culturally Specific Risk and Protective Factors of Eating Disordered Behaviors and Attitudes among Asian American Women and Men
Office of Ethnic Minority Affairs (OEMA), American Psychological Association

Intramural

09/17 – 08/18 Research Support Program (\$1,500)
College of Health and Human Development

06/17 – 12/17 Service-Learning Grant (\$1,500)
Summer Study Abroad Internship Program Evaluation and Impact on Students Growth
Center for Internships & Community Engagement, CSU Chancellor’s Office to Service Initiative

12/16 – 12/17 Research, Scholarship, and Creative Activity (RSCA) Incentive Award (\$7,500)
Creating a Culturally and Linguistically Sensitive Mental Health Literacy Assessment for Vietnamese and Chinese American Older Adults

01/16 – 05/16 Health Promotion Research Institute Mini-Grant (one course release)
Development and Initial Validation of Mental Health Literacy Index for Asian American Older Adults

08/15 – 12/16 Junior Intramural Research Grants, 2015 – 2016 (\$5,000)
CSU Fullerton
Asian American College Students’ Mental Health Treatment Experiences and Perceived Barriers to Seeking Help

06/15 – 03/16 Faculty Mentorship of Undergraduate and Creative Activities Grant (\$1250)
Effectiveness of peer workshops in reducing mental health stigma
CSU Fullerton Faculty Development Center

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- 06/15 – 03/16 Faculty Mentorship of Undergraduate and Creative Activities Grant (\$1250)
Eating disorder and the thin ideals: Role of culture
CSU Fullerton Faculty Development Center
- 01/15 – 05/15 Health Promotion Research Institute Mini-Grant (one course release)
Older Asian American Mental Health Literacy and Help-Seeking Attitudes
- 07/14 – 12/15 Faculty Mentorship of Undergraduate and Creative Activities Grant (\$1250)
Older Chinese and Taiwanese American Immigrants' Help-Seeking Attitudes and Behaviors
CSU Fullerton Faculty Development Center
- 08/13 – 12/14 Junior Intramural Research Grants, 2013 – 2014 (\$6713)
CSU Fullerton
Risk and Protective Factors of Parachute Kids and Astronaut Families: An Exploratory Study
- 07/13 – 12/14 Best Practices in Mentoring Undergraduates in Research grant (\$750)
Risk and Protective Factors of Parachute Kids and Astronaut Families
CSU Fullerton Graduate Programs and Research

As Research Analyst and Program Evaluator

Extramural

- 07/12 – 03/14 Project OCEAN-2, California State University, Long Beach (\$430,278)
CSULB Peer-to-Peer Programming; Suicide Prevention
California Mental Health Services Authority (CalMHSA)
Statewide Student Mental Health Initiative

Other Professional Posts & Offices

- 2017 – President-Elect
Division 35, Society for the Psychology of Women
American Psychological Association
- 2013 – 2017 Programming Coordinator
National Multicultural Conference & Summit
- 2015 – 2016 Past-President
Section 5, Section for Psychology of Asian Pacific American Women
Division 35 Society for the Psychology of Women, *American Psychological Association*
- 2013 – 2014 President
Section 5, Section for Psychology of Asian Pacific American Women
Division 35 Society for the Psychology of Women, *American Psychological Association*
- 2014 Leadership Fellows Mentor
AAPA Leadership Fellows Program
Asian American Psychological Association (AAPA)

- 2013 – 2014 Journal Editor Search Committee
Psychology of Women Quarterly (PWQ)
2011 2-year Impact Factor = 2.115, 2/38 in Women's Studies; 34/126 in Psychology, Multidisciplinary. PWQ receives over 200 submissions each year, maintaining a 75 – 85% rejection rate. (Term ends in 2014 when the new editor is appointed)
- 2011 – 2013 Divisional Program Co-Chair
Division 35 Society for the Psychology of Women
Divisional APA Convention Program Planning Committee for 2012, 2013
American Psychological Association
- 2005 – 2013 Second Distributor
Asian American Psychologist
Official Newsletter of Asian American Psychological Association
- 2010 – 2012 President-Elect
Division 35 Society for the Psychology of Women,
Section 5, Section for Psychology of Asian Pacific American Women
- 2009 – 2011 Program Co-Chair, National Annual Convention Planning Committee
Asian American Psychological Association,
Annual National Conference 2010, 2011
- 2008 – 2010 Secretary, Executive Committee
Division 35 Society for the Psychology of Women,
Section 5, Section for Psychology of Asian Pacific American Women
- 2008 – 2009 Chair of Poster Session Sub-committee, Convention Planning Committee
Asian American Psychological Association and Division on Women,
Southern California Regional Conference, Long Beach, 2009.
- 2005 – 2006 Chair of Proposal Review Sub-committee, AAPA Southern California Regional Convention Planning Committee
Asian American Psychological Association and Division on Women,
Southern California Regional Conference, Long Beach, 2006.

Editorial Activities

- 2015 – **Special Issue Co-Editor**
Women & Therapy: Special Issue on Trauma and Well-being among Asian American Women

Editorial Board Member/Consulting Editor

- 2014 – *Asian American Journal of Psychology* (IF=1.750), Official publication of Asian American Psychological Association.
- 2009 – *Psychological Trauma: Theory, Research, Practice, and Policy* (IF= .894, 80/110 in Psychology – Clinical), Official publication of APA Division 56 Trauma Psychology
- 2013 – 16 *Psychological Services* (2012 IF: 1.036, 75/114 in Psychology – Clinical)
Official publication of APA Division 18 Psychologists in Public Service

Ad Hoc Reviewer

- 2017 – *Psychological Services* (2012 IF: 1.036, 75/114 in Psychology – Clinical)
Official publication of APA Division 18 Psychologists in Public Service
- 2015 – *Counselling Psychology Quarterly*
2014 – *International Psychology Bulletin*, a publication of APA Division 52 International Psychology
- 2013 – *Violence Against Women*
- 2012 – *Cultural Diversity and Ethnic Minority Psychology*, Official publication of APA Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race
- 2011 – 2014 *Asian American Journal of Psychology*, Official publication of Asian American Psychological Association
- 2011 *Journal of Clinical Psychology*, Official publication of APA Division 12 Society of Clinical Psychology

Convention Proposal Reviewer

American Psychological Association: Div 45, 2008, 11, 12; Div 17, 2011 – 2014
Asian American Psychological Association (AAPA) 2004, 06, 08, 10
Association for Women in Psychology (AWP) 2011
National Multicultural Conferences & Summit 2013, 2015

Grant & Award Reviewer

06-07/2013 AAPA Dissertation Research Grant
Asian American Psychological Association

Dissertation Committee Member

2013 – 2014 Michele Vella, Lehigh University, Department of Education and Human Services, dissertation proposal titled, '*Fat, muscles, & medicine: Body image experiences of racial/ethnic minority heterosexual males living with HIV/AIDs*', chaired by Grace Caske, Ph.D.

Professional Affiliations

Asian American Psychological Association
American Psychological Associations
Division 35 Society for the Psychology of Women
Division 35 Society for the Psychology of Women: Section 5 Psychology of Asian Pacific American Women
Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race

SELECTED DEPARTMENT, COLLEGE, AND UNIVERSITY SERVICE**California State University, Fullerton****Department of Human Services Service**

10/2014 – Current HUSR Study Aboard Leadership Program Coordinator

08/2017 – Current HUSR Course Co-Lead, HUSR 350 Personal Development and Leadership Skills
 08/2017 – 06/2018 Faculty Advisor, Human Services Student Association
 08/2017 – 12/2017 Peer Reviewer – For online Course, HUSR 496, Dr. Melanie Horn-Mallers
 09/2015 – 05/2016 HUSR Tenure Track Faculty Search Committee Member
 01/2015 – Current Department Faculty Personnel Policy and Procedures Committee
 10/2013 – 05/2014 Department Core Courses GPA Distribution Committee

College of Health and Human Development Service

01/2015 – 07/2016 Peer Mentoring Program Statistician
 09/2012 – 05/2014 Curriculum Committee, College of Health and Human Development

University Service

08/2017 – 05/2018 Faculty Mentor
 Graduate Student Mentoring Program, California State University, Fullerton

08/2017 – 05/2018 Open Educational Resources (OER) Ambassador

08/2016 – 05/2018 Faculty Affairs Committee Member
 Academic Senate

07/2014 Search Committee Member
 Associate Director/Clinical Coordinator, Counseling and Psychological Services

07/2013 Search Committee Member
 Associate Director/Clinical Coordinator, Counseling and Psychological Services

01/2013 – Current Member, Health Promotion Research Institute

01/2013 – Current Program Council Member
 Asian American Studies Program

09/2012 – 05/2014 Faculty Liaison
 CalMHSA Student Mental Health Initiative, Academic Affairs

Community Services

10/2017 Presentation, "*Human Services Global Internship Study Abroad Program*"
 Service-Learning Faculty Luncheon, Center of Internship and Community Engagement

10/2017 Continuing Education Workshop, "*Asian American Women with Disordered Eating and Body Dissatisfaction: Cultural Awareness in Clinical Practice*", CSUF Counseling Conference.

11/2016 Lecture, "*Vietnamese American Older Adult Mental Health Beliefs and Help-Seeking*"
 Osher Lifelong Learning Institute

03/2016 Workshop Co-Presenter, "*Experiences of Body Dissatisfaction and Disordered Eating Among Asian American Women*"
 WoMen's Center, California State University, Fullerton.

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- 01/2016 Seminar Presenter, *"Working with International Students"*
Intern Training Seminar, Counseling and Psychological Services
California State University, Fullerton.
- 04/2015 Seminar Presenter, *"Assessment and Treatment of Eating Disorders"*
Intern Training Seminar, Counseling and Psychological Services
California State University, Fullerton.
- 01/2015 Seminar Presenter, *"Working with International Students"*
Intern Training Seminar, Counseling and Psychological Services
California State University, Fullerton.
- 10/2014 Speaker, *"Asian American Mental Health"*, Honors 300A Junior Colloquium, University Honors
Program, California State University, Fullerton.
- 06/2014 Workshop Facilitator, *"Community-University partnerships: Setting a new agenda for health care
discovery – Women's Health"*, 2014 UC Irvine Translational Research Day, University of California,
Irvine.
- 04/2014 Seminar Presenter, *"Assessment and Treatment of Eating Disorders"*
Intern Training Seminar, Counseling and Psychological Services
California State University, Fullerton
- 01/14, 01/15 Seminar Presenter, *"Working with International Students"*
Intern Training Seminar, Counseling and Psychological Services
California State University, Fullerton
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SELECTED FELLOWSHIPS & AWARDS

- 2017 **Fellow**
Asian American Psychological Association
- 2017 **Distinguished Pioneer Award**
Section 5, Section for Psychology of Asian Pacific American Women
Division 35 Society for the Psychology of Women, *American Psychological Association*
- 2017-18 **Leadership Institute for Women in Psychology (LIWP)**
American Psychological Association (APA)
- 2016-17 **NRMN-P³ Mentee**
NIH-National Research Mentoring Network (NRMN) Proposal Preparation Program at UC Davis
Coaching Groups for Grant Proposal Writing & Professional Development
- 2016 **Award for Exceptional Levels of Service to Students**
Exceptional Assigned Time Committee, Office of the Provost and Vice President for Academic
Affairs, California State University, Fullerton
- 2016 **Recognition of Extraordinary Scholarly & Creative Activity Faculty Award**
California State University, Fullerton

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- 2015 **Recognition of Extraordinary and Sustained Service Faculty Award**
California State University, Fullerton
- 2014 **Emerging Professional – Contributions to Service Award**
Division 45 Society for the Psychological Study of Culture, Ethnicity and Race
American Psychological Association
<http://division45.org/awards/emerging-professional/>
- 2013 **Federal Advocacy Training and Congressional Visits**
Public Interest Government Relations Office, American Psychological Association
- 2013 **Fellow, Psychology Summer Institute**
Minority Fellowship Program
American Psychological Association
- 2013 **Leadership Fellow (2013 – 2014)**
APA Division 45, CNPAAEMI Leadership Development Institute (LDI)
Council of National Psychological Association for the Advancement of Ethnic Minority Interests (CNPAAEMI) and Division 17 Society of the Counseling Psychology, American Psychological Association
- Members of CNPAAEMI include Asian American Psychological Association, Association of Black Psychologists, National Latina/o Psychological Association, Society of Indian Psychologists, and APA Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race. Six (6) fellows are selected each year from the 4 participating CNPAAEMI organizations, and Divisions 17 and 45 of APA to participate in the CNPAAEMI Leadership Development Institute (LDI)
- 2011 **Division on Women (DoW) Award**
Interactive Session Presentation presented at the 2011 AAPA Annual Conference, Washington, DC
Asian American Psychological Association (AAPA)
- 2007 **Overseas Early Health Professional National Fellowship**
Overseas Compatriot Affairs Commission, Taiwan, R.O.C.
- 2004 **Paul Bloland Scientist-Practitioner Award**
Division of Counseling Psychology
University of Southern California
- 2004 **APPIC Research Award Honorable Mention**
Association of Psychology Postdoctoral and Internship Centers (APPIC)
American Psychological Association
- 2004 **Dissertation of Merit**
Division of Counseling Psychology
University of Southern California
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OTHER TEACHING EXPERIENCE

- 2008 – 2012 **Clinical Faculty/Research Methodologist**
Graduate School of Education and Psychology
 Pepperdine University
- Teach masters' and doctoral level courses in Psychology programs. Offer research consultations to faculty, students in MA Psychology programs, APA accredited Psy.D. program in Clinical Psychology, and Ed.D. programs in Educations. Mentor students on independent research projects.
- 2011 – **Lecturer**
 Department of Cognitive Science,
Summer Session, University of California, Irvine
- Course Taught:*
 Asian American Psychology (undergraduate, upper division), co-listed with Asian American Studies, Psychology of Leadership
- 2009 – 2012 **Lecturer**
The Department of Advanced Studies in Education and Counseling
 California State University, Long Beach
- Course Taught during Service Credit Years:*
 EDP400 Introduction to Educational Research (*required course for all programs in the Advanced Studies in Education and Counseling Department*)
- COUN555 Cross-Cultural Counseling, COUN522 Counseling Methods and Techniques courses (*Marriage and Family Therapy MA program*)
- 2005 – 08 **Program Chair**
MA and Ed.D. Programs in Counseling Psychology
 American School of Professional Psychology, Argosy University, OC Campus
- Provide direction and oversight for all components of the MA and Ed.D programs in Counseling Psychology at the Orange County Campus, including curriculum development and evaluation, student advisement, establishing departmental policies and procedures, and administrative duties, such as budgetary, supervisory, and personnel responsibilities. Conduct annual department review and participate in the institutional review both at the campus and the college level. Designed and oversaw curriculum evaluation and learning outcome data collection and assessment procedures and policies. Mentor new campus program chairs and assist in developing curriculum and evaluation learning outcome data collection and assessment procedures and policies.
- 2004 – 08 **Faculty**
Counseling Psychology MA & Ed.D. Programs,
 American School of Professional Psychology, Argosy University, OC Campus
- Doctoral Level Courses:*
 Introduction to Advanced Academic Writing; Methods and Analyses of Qualitative Research; Methods and Analyses of Quantitative Research; Program Evaluation; Clinical Supervision; Ethics in Practice
- Master Level Courses:*

Counseling Skills; Theories of Counseling Individuals and Families; Professional and Ethical Issues; Research and Evaluation; Human Growth and Development; Practicum Seminars

CLINICAL EXPERIENCES

- 05 – 08 **Staff Psychologist**
Counseling Center, University of California at Irvine
 Provide individual short-term psychotherapy to diverse undergraduate and graduate student population. Conduct intake interviews, triage crisis management, and provide referrals when needed. Consult with students support services on campus, including academic services and psychiatric services to coordinate client treatment.
- 09/03 – **Psychology Interns**
 08/04 *Counseling Center, University of California at Irvine (APA-accredited)*
- 10/02 – **Psychology Clerk**
 07/03 *Disabled Student Services, California State Polytechnic University, Pomona, CA*
- 10/00 – **Advanced Practicum Therapist**
 06/01 *Counseling Center, University of California at Irvine*
- 08/99 – **Practicum Therapist**
 05/00 *Catholic Charities, Catholic Psychological Services, Metro Site, Los Angeles, CA*
- 01 – 05/99 **Practicum Trainee**
 01 – 05/00 *Didi Hirsch Community Mental Health, Metro Center, Los Angeles, CA*
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CERTIFICATIONS

- 2014 **ASIST (Applied Suicide Intervention Skills Training)**
- 2013 **Funding my Research Academy (2012 – 2013)**
 Office of Research Development
 California State University, Fullerton
- 2013 **Mental Health First Aid USA (expires 6/11/2016)**
 National Council for Community Behavioral Healthcare
 Trained to provide initial health to people experiencing mental health problems such as depression, anxiety disorders, psychosis, and substance use disorders.
- 2013 **Faculty Research Community – From Start to Finish: Writing Your Journal Articles in 15 Weeks**
 Faculty Development Center
 California State University, Fullerton
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SPECIALIZED & PROFESSIONAL DEVELOPMENT TRAINING

- 2016/11 Characterizing and Addressing Stigma in Diverse Elders – An NIA Priority Topic

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- A NIA/Resource Center's on Minority Aging Research (RCMAR) Workshop on Promoting Innovative Research in Minority Aging
Gerontological Society of America's Annual Meeting, New Orleans, LA
- 2015/11 Hot Topics in Geriatrics Minority Health Research
Dr. Catherine Sarkisian, Professor, David Geffen School of Medicine
Director, CHIME Community Liaison Core
Methodological Seminar
RCMAR/CHIME
- 2015/09 An Introduction to Bayesian Statistics
Dr. Robert Weiss, Professor of Biostatistics, UCLA Fielding School of Public Health
Methodological Seminar
RCMAR/CHIME
- 2015/08 Long-Term Outcomes of Community Engagement in Quality Improvement for Depression
Kenneth Wells, M.D., PhD., Loretta Jones, Ph.D.
Methodological Seminar
RCMAR/CHIME
- 2013/05 Structural Equation Modeling in Longitudinal Research
University of California, Davis
Advanced Training Institute (ATI), APA Science Directorate
Selected Attendee, Application Required
- 2011 Meta-Analysis using Comprehensive Meta-Analysis (CMA) software
4-week Online Course, Statistis.com, 5 CEU
Drs. Hannah Rothstein & Michael Bronstein
- 2011 Basic Workshop on NVivo 9; Advanced Workshop on NVivo 9
San Diego, CA
QSR International (*NVivo is the leading qualitative research software*)
- 2011 Advanced Ethical Research Conference, National Harbor, MD
PRIM&R (Public Responsibility in Medicine and Research)
- 2010 Advanced Ethical Research Conference, Boston, MA
PRIM&R (Public Responsibility in Medicine and Research)
- 2010 Research Methods with Diverse Racial and Ethnic Groups
Michigan State University, East Lansing, Michigan
Advanced Training Institute (ATI), APA Science Directorate
Selected Attendee, Application Required